

CONCEALED CARY METHODS



HIP HOLSTERS

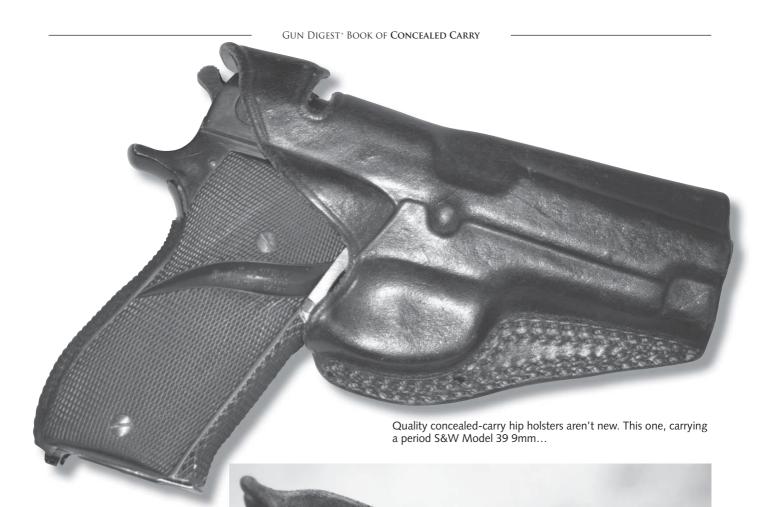


he strong-side hip – i.e., the gun handside hip – is the odds-on choice for weapon placement for most of those who carry concealed handguns today. It is also the standard location for law enforcement officers in uniform. This is probably not coincidental.

Many ranges, police academies, and shooting schools will allow *only* strong-side holsters. The theory behind this is that cross draw (including

shoulder and fanny pack carries) will cause the gun muzzles to cross other shooters and range officers when weapons are drawn or holstered. Some also worry about the safety of pocket draw and ankle draw. There are action shooting sports - PPC and IDPA, to name two - where anything but a strong-side belt holster is expressly forbidden. Once again, safety is the cited reason.

It is worthwhile to look at other such



sports where cross draw holsters *are* allowed...but are seldom seen. In the early days of IPSC, cross draws actually dominated the winner's circle for a while. Ray Chapman wore one when he captured the first world championship of the sport. Today, however, even though it's still allowed, the cross draw has all but disappeared from that sport. A little history is in order. In the mid-1970s, a common IPSC start position was standing

...was made circa 1974 by Seventrees, the innovative company led by the late Paris Theodore.

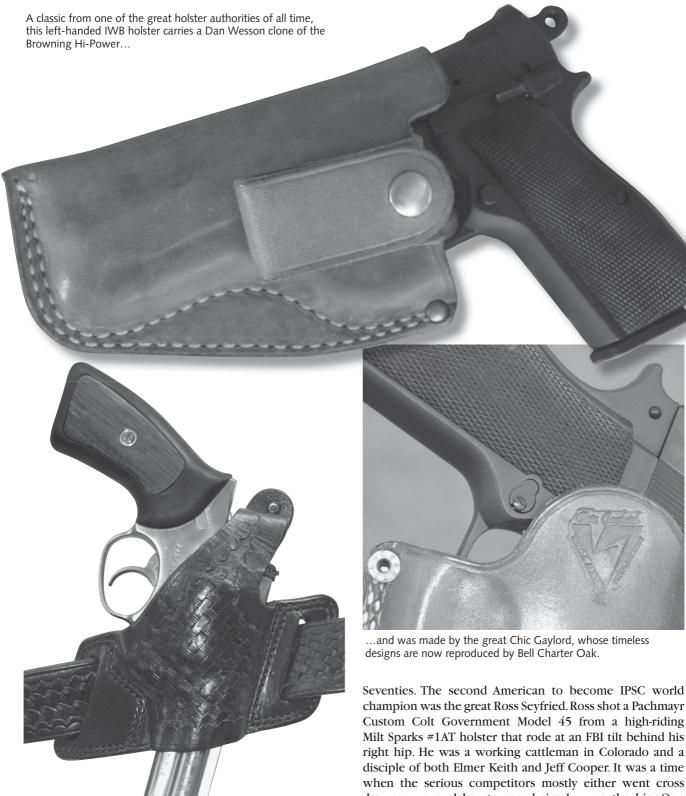
with hands clasped at centerline of the torso. With a front cross draw, this allowed the gun hand to be positioned barely above the pistol grip at the moment the start signal went off. IPSC started to go more toward hands-shoulder-high start positions (to give everyone a more level playing field, and to better allow range officers to see if a hand went prematurely to the gun), and the last such match I shot used mostly start positions with hands relaxed at the sides. These positions favored a gun on the same side as the dominant hand. In any case, a strong-side holster brings the gun on target faster because, standing properly, the weapon is already in line with the mark and does not have to be swept across the target.

We saw the same in NRA Action Shooting. Mickey Fowler for many years had a monopoly on the Bianchi Cup, using a front cross draw, specifically an ISI Competition Rig he and his colleague Mike Dalton had designed with Ted Blocker. However, in later years, the Cup has always been won with a straight-draw hip holster.

Because they begin at the academy with handguns on their dominant hand side, cops tend to stay with the same location for plainclothes wear. Habituation is a powerful thing. Master holster maker and historian John Bianchi invokes Bianchi's Law: the same gun, in the same place, all the time. It makes the reactive draw second nature.

We saw this in action in the IPSC world in the late

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Bianchi Black Widow has either-side belt loops for tight carry of this Ruger GP100 357 against body, and fast thumb-break safety strap. It rides on a mated Bianchi dress gun belt. Holster and belt are more than 20 years old and in excellent condition, a tribute to Bianchi quality.

champion was the great Ross Seyfried. Ross shot a Pachmayr Custom Colt Government Model 45 from a high-riding Milt Sparks #1AT holster that rode at an FBI tilt behind his right hip. He was a working cattleman in Colorado and a disciple of both Elmer Keith and Jeff Cooper. It was a time when the serious competitors mostly either went cross draw, or wore elaborate speed rigs low on the hip. One who chose the latter was a multimillionaire for whom IPSC was purely sport. Frustrated that Ross had beaten him at the national championships in Denver, this fellow hired a sports physiologist to explain to him how Seyfried had managed to beat him. "I don't understand it," the frustrated professional told the wealthy sportsman in essence after viewing tapes of Seyfried. "Your way is faster than his. The

way this Seyfried fellow carries his gun is mechanically slower."

What physiologist and rich guv alike had missed was one simple fact: the multi-millionaire only strapped on his fancy quickdraw holster on match day and at practice sessions. Ross Seyfried wore a #1AT Milt Sparks holster behind his hip every day of his life, though in the saddle on the ranch he carried a 4-inch Smith & Wesson Model 29 44 Magnum. Ross and that holster had developed a symbiotic relationship. Reaching to that spot had become second nature, and made him faster from there than a part-time pistol packer with a more sophisticated, more expensive "speed rig."

Strong-Side Hip Advantages

If the navel is 12 o'clock, a properly worn concealment hip holster puts a right-handed man's gun at 3:30. In this position, just behind the ileac crest of the pelvis, clothing comes down in a natural drape from the latissimus dorsi to cover the gun without bulge. On a guy of average build, the holstered gun finds itself nestled in a natural hollow below the kidney area. With the jacket opened in the front, the gun is usually invisible from the front. Being just behind the hip, a holstered gun in this location does not seem to get in the way of bucket seats nor most furniture, and doesn't press into the body when the wearer leans back against a chair surface.

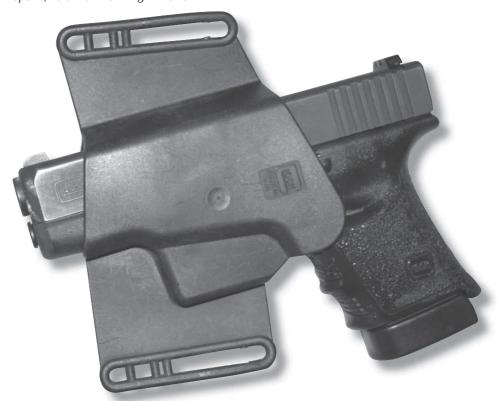
Because of its proximity to the gun hand, and because the gun can come directly up on target from the holster, the strong-side draw is naturally fast. For males, simply bringing the elbow straight back brings the hand almost automatically to the gun.

Disadvantages

The hip draw does not lend itself to a surreptitious draw - that is, starting with the hand already on the gun, unnoticed - unless the practitioner can get the gun-side third of his body behind some concealing object or structure.



Designed by the late Bruce Nelson, these rough-out Summer Special IWB holsters were produced by Milt Sparks. Left, standard version for Morris Custom Colt 45 automatic. Right, narrow belt loop model to go with corresponding thick but narrow dress belt for suits, also by Sparks, here with Browning Hi-Power.



Author says at least one ambidextrous model is imperative to the holster wardrobe. This is Glock's own, in very economical polymer, with a Glock 30 45 auto.





Galco's affordable Tuckable is suede-out (a.k.a. "rough-out") and secures to belt with low profile polymer J-clip. Pistol is Glock 26 9mm.



This Safariland synthetic OWB holds Glock 39 subcompact 45 GAP tight to the body of a state police instructor.

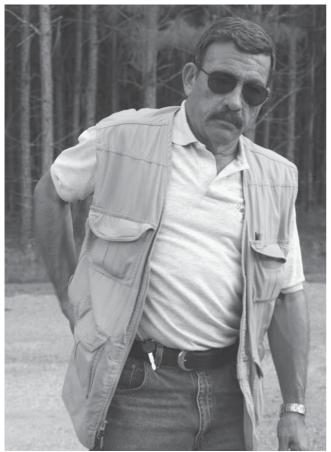


"Deep Concealment Special" IWB holster designed by Elmer McEvoy at Leather Arsenal has rearward flange to help keep holster from digging into body, or shifting. Pistol is Glock 30 in 45 ACP.



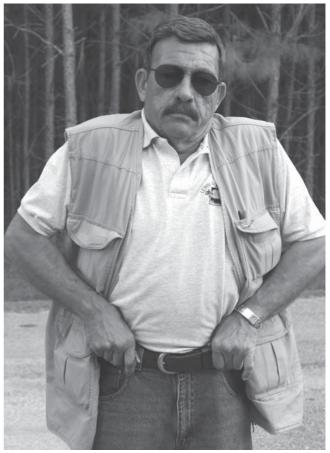


which works fine in this instance despite exposed portion of barrel and front sight. It holds the gun tight to the body, and is very fast for IDPA-type competition.



STREET TIP: If weight of gun is pulling pants down, don't pull it back up like this. It looks as if you're going for a gun. INSTEAD...

example is in sharkskin and carries S&W 1911 45 auto.



...pull whole belt up, with both hands, like this. Now, you're just another guy "doing a guy thing" and "hitching up his pants," and don't broadcast the fact that you're "carrying."

and sharp gun edges away from underlying skin and clothing.



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Author demonstrates his "fingertip draw," which he calls "Reach Out and Touch Yourself." As draw from under open-front garment begins, all four fingertips touch abdomen's centerline...



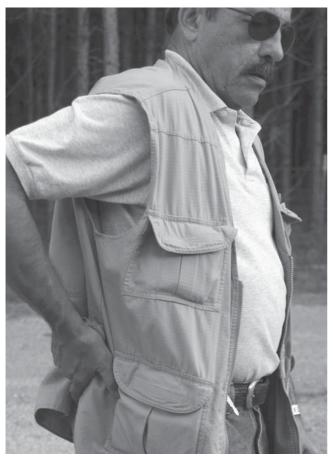
... and, fingertips maintaining torso contact, hand sweeps back to gun. Note that knife edge of hand has begun to sweep the Woolrich Elite vest to the rear...



...and will instantly and positively sweep it *all the way* to the rear, and *hold it out of the way* until hand has taken its drawing grasp, shown. Carry combo is Beretta 92G 9mm in Milt Sparks Executive Companion IWB holster.



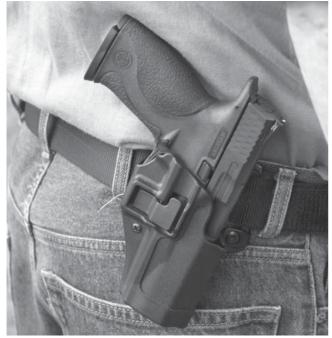
Author explains why he doesn't like paddle holsters, but why they can work for some people in some situations. This is one of the best of the breed, by Aker, carrying Ruger GP100 357 Magnum.



STREET TIP: When you feel the gun butt moving to the rear and "printing," DON'T adjust it like this. It will be obvious to anyone in line of sight that you're "carrying." INSTEAD...



...use your forearm behind your back to push the gun forward, stretch back a little, and you look to the world like someone with a sore back, not someone carrying a gun.



Blackhawk SERPA is a snatch-resistant, concealable rig that effectively hides this S&W M&P 9mm under a coat. It has been adjusted to desirable forward tilt angle. Finger paddle is easily released by owner's safely extended trigger finger when draw begins.



Concealment Rig by Ted Blocker makes this full-size Glock 17 concealable for its average-size male owner.

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Because of the higher, more flaring pelvis and shorter torso, women don't find this carry nearly as comfortable or as fast as men. As noted elsewhere in this book, cross draw and shoulder carry seem more effective for many women.

Christine Cunningham, an instructor and competitor in the Pacific Northwest, is also a holster-maker. She specializes in "by women, for women" concealed carry gear. Her stuff is tops in quality and function, and very well thought out. You'll find much good advice, as well as many useful products, at her website, www.womenshooters. com.

The gun behind the hip is positioned so as to be sensitive to exposure and bulge when the wearer bends down or leans forward. This simply means the





Author demonstrates proper hip draw continuum while winning Wisconsin State Service Revolver Championship, IDPA 2007. GP100 is blurring as it comes up to pectoralis position, in line to already hit a fast-coming, close range threat...



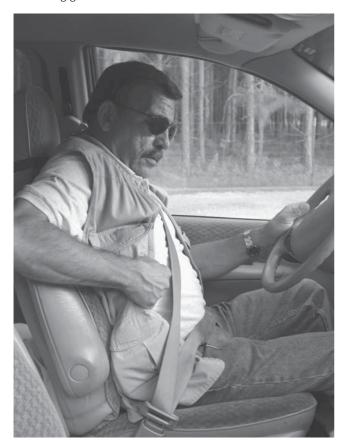
...and then extends for precise aim with mandatory one-hand head-shots from behind simulated cover.



STREET TIP: When driving, you don't want your hip holstered gun trapped by seat belt and concealing garment. Here, safety belt is fastened...



...but then driver should reach under seat belt and grab the concealing garment...



...and *pull it free of the seat belt!* It's not the seat belt that usually traps a hip holstered gun, it's the coat that is trapped by the seat belt. Now...

practitioner has to learn different ways to perform these motions in public. See photos.

Belt Holster Options

Continuing with the "clock" concept, let's look at different spots on the belt for holster placement. 12 o'clock, centerline of the abdomen, will be comfortable only with a small, shortbarrel gun. It's a quick and natural position, particularly for women thanks to their relatively higher belt-lines. My older daughter, tall and slender, prefers to carry her S&W Model 3913 9mm here, in an Alessi Talon inside the waistband holster, or a belly-band. It disappears under an untucked blouse, shirt, or sweater, but provides very fast access.

1 o'clock to 2 o'clock becomes the so-called "appendix position." An open front garment must be kept fastened to keep it hidden, but a short-barrel gun works great here for access during fighting and grappling. A top trainer who is still active in undercover police work and teaches under the nickname "Southnarc" favors this location, with his retired cop father's hammer-shrouded Colt Cobra 38 snub-nose inside the waistband at the appendix. It is very fast. Some top IPSC speed demons, such as Jerry "the Burner" Barnhart carry their competition guns in speed rigs at the same location. A small gun conceals well here under untucked closed-front garments. However, the appendix carry causes all but the shortest guns to dig into the juncture of thigh and groin when seated, and the muzzle is pointing at genitals and femoral artery. There are those of us who find



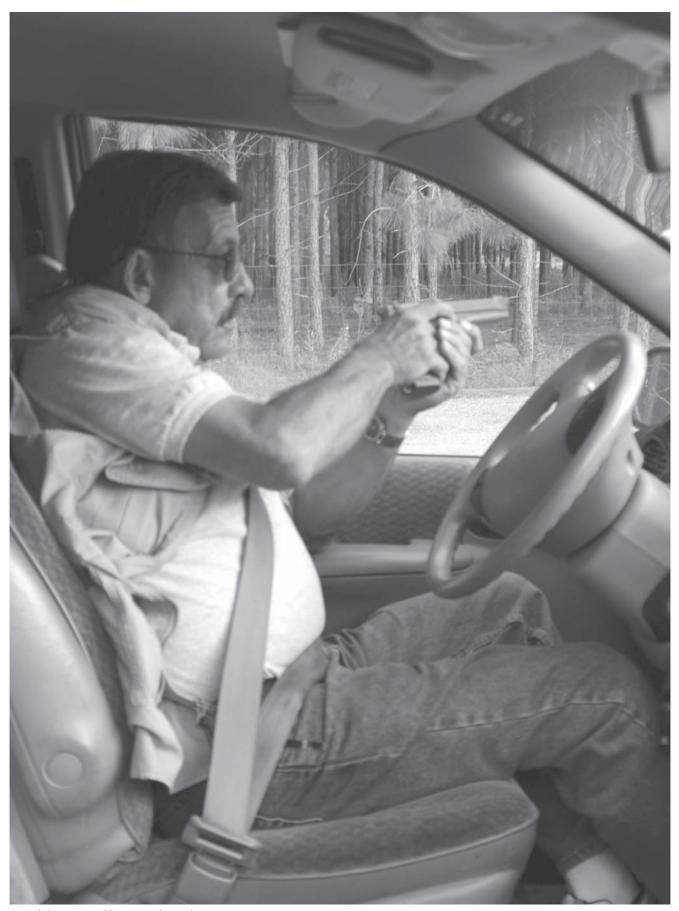
...you're "ready to ride," and your hand can quickly get to your sidearm.



STREET TIP: Here's how to draw from hip holster while seat belted behind a steering wheel. Gun hand does "fingertip draw," which clears cover garment even in static position...

...and author rocks upper body sharply to left to create more range of movement for right arm, which draws Blackhawk dummy of Beretta 92 used for demo, *lifting it up and over steering wheel to prevent snagging there...*

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...and driver is quickly in a ready-to-shoot posture.

this incongruous with our purposes for concealed carry, one of which is to *prevent* weapons being pointed at such vulnerable parts of our bodies.

Moving more to the side, the true 3 o'clock position is not ideal for all day concealed wear. Riding on the protuberance



Holster-makers are keeping up with tactical trends. This southpaw cop carries his department-issue Glock 22 with white light unit already mounted, in concealable Blade-Tech holster off duty.



...but same gun is tighter to the body in Elmer McEvoy Quad Concealment holster worn "in the belt" (ITB), between belt and trousers. However...



Comparisons in concealability. Dave Lauck Custom full-size 1911 45 leans out a little from the body in Lauck outside-the-waistband (OWB) Kydex holster...



...inside-the-waistband holster by Secret Squirrel carries same gun even closer, and concealing garment can come all the way up to belt without revealing holstered gun.



of the hip, the gun protrudes accordingly, calling attention to itself even under big, heavy coats. The holstered gun at 3 o'clock will grate mercilessly on the hip-bone. Cops get away with it in uniform because their holsters have orthopedically curved shanks, and the weight is distributed on their wide Sam Browne belts. Neither mitigating factor will be at work in a concealment holster.

3:30, just behind the hip, seems to be optimum for comfort, concealment, and speed. It's where most professionals end up parking their holsters.

By the time you hit 4 o'clock, there is more likelihood of the butt protruding. When you hit 6 o'clock, the true MOB (middle of back) or SOB (small of back) position, you're getting into dangerous territory. The SOB is an SOB in more ways than one. While accessible to either hand, it can be mercilessly uncomfortable when you are seated. The rear center hem is the first part of an outer garment that lifts when you bend forward or sit down. The gun butt can catch the hem and completely expose the holstered gun. You can't see it and usually can't feel it, meaning you're the only one in the shopping mall who won't know that your weapon is exposed.

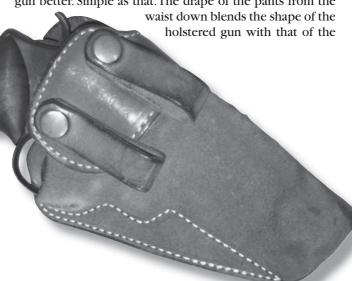
Another extreme danger of this carry is that any fall that lands you flat on your back will be the equivalent of landing on a rock with your lumbar spine. Very serious injury can result.

Yet another problem with SOB carry is that you can't

exert any significant downward pressure to hold the gun in place when trying to counter a gun snatch attempt. Moreover, biomechanically, you are pretty much putting yourself in an armlock when drawing. As a rule of thumb, any technique that requires you to put yourself in an armlock when defending yourself is a technique you should probably re-evaluate.

Inside or Outside the Belt

An inside-the-waistband (IWB) holster will conceal the gun better. Simple as that. The drape of the pants from the



Milt Sparks Summer Special holster, worn from decades of service, still works fine. This classic IWB carries an equally well-worn Smith & Wesson Model 58 41 Magnum service revolver.



Author demonstrates "Hackathorn Rip," his preferred technique for drawing from hip holster under closed-front garment. Support hand grabs hem of shirt at appendix position...



...and jerks it upward toward shoulder, as gun hand goes for sidearm, in this case full-size custom Beretta 92 in Milt Sparks IWB holster



 \ldots as pistol "rocks and locks" upward into draw, support hand releases garment, and \ldots



 \ldots shooter is on target in strong firing stance with maximum speed.



STREET TIP: Rocking hip to side away from holster (i.e., to left with right-handed draw) speeds draw from under closed front garment because it helps pull holster out from under pistol.

body. The hem of the concealing garment has to rise above the belt to reveal the hidden weapon. This carry allows average size guys like me to carry full-size service handguns concealed under nothing more than an opaque, untucked tee or polo shirt, one size large. Held tight to the body by belt pressure, this design minimizes bulge.

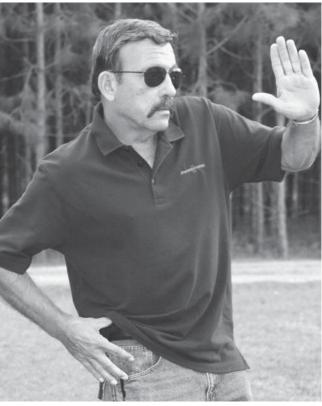
Some have tried IWB and found it uncomfortable. This is because their pants were sized for *them*, and now contain them – plus a holstered gun. For preliminary comfort testing, unbutton the pants at the waist and let out the belt a notch, and try it again. If it's comfortable now, nature is telling you to let out the pants if possible, or start buying trousers two inches larger in the waist. As noted elsewhere here, this practice "keeps you honest" (i.e., keeps you carrying) because now the pants won't fit right *without* the gun in its IWB holster.

Belt clips don't secure as well as leather loops, for the most part. There are exceptions, such as the appropriately named Alessi Talon, the clips used by Blocker on their DA-2, and the modular Kydex clips on the Mach-2 Honorman holster. Cheaper IWB holsters are notorious for their poor clips.

The IWB holster stays in place largely through belt pressure, so you want a rigid holster mouth to keep the opening from collapsing and interfering with re-holstering. The classic Bianchi #3 Pistol Pocket, a Richard Nichols design, used stiff leather reinforcement for this. Most others followed the lead of the late Bruce Nelson in his famous Summer Special design, and used leather-covered steel inserts to keep the holster mouth open. On rigid Kydex, of



 \ldots and pulls it straight upward. Hand now drops into drawing grasp \ldots



One-hand-only draw from under closed front garment is critical to know, says author, demonstrating his own technique. Support hand rises in close-range block position as thumb of gun hand catches shirt hem...



 \dots and gun comes up on target in "rock and lock" motion for one-handed firing if necessary, from close-range "protected gun position."

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This executive's white dress shirt is just slightly bloused above his pinstripe suit pants...

course, the material does this by itself.

Inside the waistband, slimness becomes more important, one reason the flat Browning Hi-Power and 1911 pistols are so popular with those who prefer this carry format. The fatter the gun, the more the belt is pushed out from the body. This allows the pants to start sliding down in the holster area, causing frequent need for readjustment.

Because the gun is tight to the body, sometimes against bare skin or sweat-soaked shirts, many makers have built "shielding" into the design to protect the gun from sweat, and bare skin from sharp edges. This works pretty well, but can slow the thumb's access to a perfect pre-draw grasp, depending on gun design and hand size.

I've only designed two holsters in my life. Both were IWB. The first, designed with Ted Blocker, is the LFI Concealment Rig. It's comprised of a dress gun belt lined with Velcro, and your choice of open top or thumb-break safety strap holster with coordinated Velcro tab. This lets the concealing garment ride all the way to the top edge of your belt without revealing anything, and perhaps more important, lets you adjust the holster almost infinitely for your particular needs: high, low, exact degree of rake (orientation of muzzle) and tilt (orientation of butt) that you want. High versus low is important if, like me, you have to switch between suit pants and uniform pants that tend to ride at the waist, and jeans/cords/BDUs that tend to ride slightly lower at the hips. Now the gun is in exactly the same where-you-want-it spot no matter what you're wearing. The combination of Velcro shear factor and belt tension holds it in place. It's very secure, and I've taught weapon retention classes with one without it coming loose. Matching magazine pouches



...but pressing hand reveals the presence of a full-size Glock service pistol, completely hidden beneath in a belly band holster in strong-side hip draw position.

are available, and the LFI Concealment Rig also works as a cross draw.

The other was designed for Mitch Rosen, at his request. He wanted an open-top rig that would carry a heavy, fullsize fighting handgun without the weight of the loaded magazine in its butt tilting it backward to "print," or expose itself through clothing. I designed an FBI-tilt IWB scabbard with a single strong belt loop at the rear, behind the gun, where the loop's bulk wouldn't add to the holster's. In this position, the holster "levered" the gun forward and prevented it from tilting backwards. I called it the Rear Guard, because the loop at the rear guarded against rearward holster shifting. Mitch was kind enough to call it the Ayoob Rear Guard. It was shortened to ARG, which I've always pronounced as Ay-Arr-Gee. Unfortunately, folks started pronouncing the acronym in one syllable, which sounded like "Arrgghh." I suppose I should just be glad I didn't name it Super Holster Inside Trousers. After 9/11/01, Mitch changed the name to American Rear Guard. Still the same excellent holster, though.

The belly-band is a variation of inside-the-waistband carry, approximately four inches of elastic strapping with a gun pouch. It is worn best at belt level, "over the underwear and under the over-wear." The first of these I ever saw was a John Bianchi prototype in *Gun World* magazine, circa 1960. Bianchi didn't bring it out back then, but in a few years, a firm in Brooklyn named MMGR did. I wore an MMGR bellyband to my grad school tests one hot summer day when I was 21, and noticed the day I got home that the beautiful blue finish of my S&W Model 36 Chief Special had turned brown on the side next to my body. Some later belly-band



This Don Hume IWB holster, here in lefty version holding Glock 19, is an excellent value.

designs, such as the Gould & Goodrich, used a separate plastic shield on the gun pouch to protect the weapon from this, but expect some degree of sweat exposure with this type of carry. The Tenifer finish of the Glock pistols seems to stand up to this best, followed by the similar Mellonite finish used on S&W M&P autos, followed by industrial hard chrome finishes and stainless. The Glocks will discolor after long carry in this fashion, but won't actually rust.

While I prefer the belly-band in the front cross draw position for a 2-inch 38, larger guns work best behind the hip. They're a great alternative under a tucked-in shirt for those who work in business suit environments and must take the suit coat off in the office, but can't afford for the gun to become visible. A "Hackathorn rip" movement is the best drawing option here. I also know medical professionals in gun-free zones in high crime areas, who wear small handguns this way under their scrubs.

There are many good belly-bands. My personal favorite has always been the unfortunately discontinued Bianchi Ranger, with built-in money belt. It has been my companion all over the world. I've carried S&W 4-inch 44 Magnums in it, perfectly concealed on the streets in cities from South Africa to Europe.

Since they offer little protection against sharp edges, belly-bands work best with edge-free guns. That said, properly adjusted they can be incredibly comfortable. One downside to them, though, is that you practically need a shoe-horn to get the gun back in. The near-impossibility of

quickly reholstering means that regular range practice is out of the question, and you have to have an action plan that includes putting the gun away in pocket or waistband after making a belly-band draw on the street.

The "tuckable" is a different breed, the latest development in this area and one of the most widely copied. It goes back to Dave Workman, a holster-maker who is also a leading Second Amendment advocate and gun author. For those with office dress codes, Dave came up with an inside the waistband holster that had a separate paddle that secured on the belt, creating a deep "V" between the holster and that securing portion, into which a dress shirt could be tucked. Worn at 3:30, or in the appendix position, or at 11 o'clock in a front cross draw, it hid the gun perfectly. The snap-on belt loop could be disguised as a key holder simply by putting a small key ring in the loop. When he looked for a larger manufacturer to handle the design, I steered Dave to Mitch Rosen, who introduced it to the world as The Workman. It instantly became the most copied new rig in the holster field. This style also functions perfectly well as an ordinary inside the waistband holster.

Another IWB variation that goes *deep* inside the waistband is the Pager Pal. A flat semi-disk of leather contains a small revolver or auto that rides inside the pants and *below* the belt, hooked onto the belt by a camouflaged pager, cell phone carrier, knife pouch, etc. When carried cross draw, the support hand grabs the pager or whatever and pulls upward, exposing the holster for the gun hand's



Author only trusts a few metal belt clip-type IWB holsters to stay in place. One is this Don Hume, here holding a 4-inch custom Kimber.

draw. I found that if you don't have a large butt, you can carry it on your strong side behind the hip and knife the hand down inside the pants to get at the gun. Not my first choice, but an interesting option that some have found useful.

Outside the Belt

Outside-the-waistband (OWB) is more comfortable, but requires more effort for concealment. The most concealable designs copy to some degree the Pancake holsters of Roy Baker. Rounded, thus their eponymous shape, Baker's holsters and some of today's copies have three belt slots, one in the rear and two in the front. This allows the shooter to set up for forward "FBI" tilt, straight up hip-draw, or straight up cross draw. With the belt tensioning the holster fore and aft of the actual scabbard body, the gun is pulled in tighter to the hip for better concealment.

The Yaqui Slide holster, a "skeleton" design popularized by Milt Sparks, is handy in that it fits a number of different barrel length guns with the same frame. Points to note with it, though: 1) If sitting in an armchair and the arm of the chair bumps the gun muzzle, the whole gun can be pushed up and out of the holster. 2) Carbon and dirt on the gun after firing can, while it's holstered, transfer to the underlying trousers. 3) Sharp-edged sights, or deep Picatinny-style rails on the dust cover (lower front of frame) of some modern military style auto pistols, can snag on the bottom edge of the Yaqui

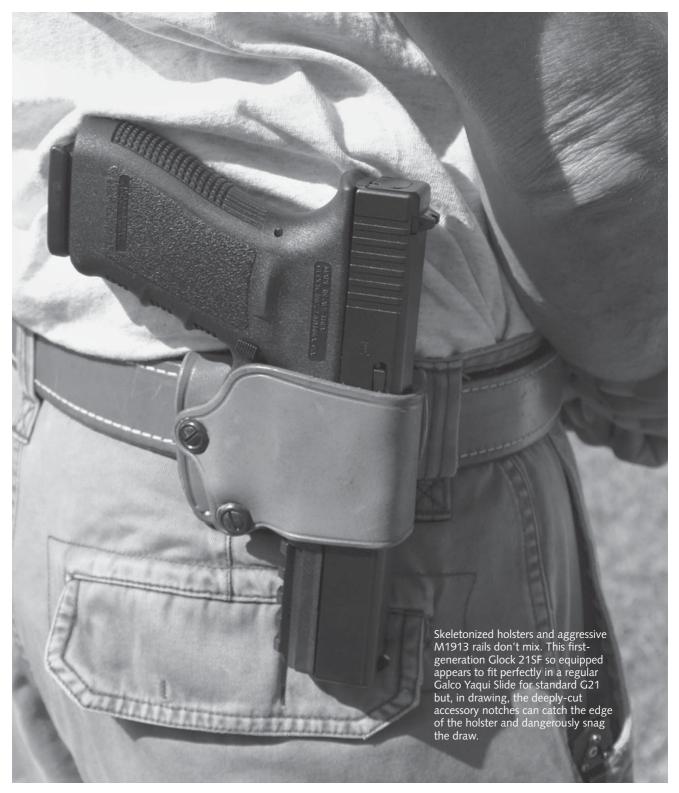
Slide, dangerously stalling the draw. 4) Back in the '70s, a selling point of this design was that it could stay on the belt with the gun removed, and would often go unrecognized as a holster. This is probably not the case today. The Don Hume version is certainly a best buy for quality vis-à-vis price today, and a key objectionable point to this particular style is removed with models that have thumb-break safety snaps, as offered by Bianchi, Ted Blocker, and others.

With any strong-side hip holster, a 4-inch barrel revolver or 5-inch barrel auto pistol are about the max in overall length that will carry comfortably before the muzzle hits the chair or seat when you sit down, causing some awkwardness and discomfort factor. Larger men, with larger butts and higher beltlines, can perhaps get away with longer handguns.

An outside-the-belt holster is particularly vulnerable to the gun leaning outward because of the butt portion's weight. Each generation of pistol packers seems to discover that a 3-inch or particularly 4-inch revolver, or a similar size auto, may actually conceal better because the longer barrel bears lightly against hip or leg, pushing the butt in toward the torso to better maintain concealment.

The In-Between Option

For some, at least in some circumstances, the most viable option is a gun carried ITB, or in the belt, that is, between the belt and the trousers. This allows the user to wear trousers that fit him normally, but the belt pressure pulls the gun in tight as on IWB. However, the IWB advantages of allowing



the bottom of the garment to rise higher without revealing the gun, and of breaking up the outline of the holstered gun, are lost. Mitch Rosen's appropriately titled "Middleman" is one holster designed expressly for this purpose. Another that is perfectly adaptable to this is the Quad Concealment from Elmer MacEvoy's company Leather Arsenal. Its name comes from the fact that this ingenious and extremely useful rig can be worn outside the belt or between belt and trousers, and can be worn either way ambidextrously.

Paddle Holsters

Some belt holsters are made with a paddle that goes inside the waistband, securing on the belt and holding the holstered gun outside the pants. The one strong point of this design is convenience: easy on, relatively easy off. I don't care for them for the following reasons. 1) I've seen too many fail to secure, resulting in the holster coming out with the gun. It's funny at a match or a class, but on the

street, it would get you killed. The only thing that would save you would be if your opponent was laughing at you too hard to shoot straight. 2) Since the belt is securing on the paddle rather than the holster itself, guns carried in this fashion tend to lean out away from the body, compromising concealment. 3) The juncture of paddle and holster body is, by nature, weak. I've seen even the best brands break here, yielding the holstered gun to the "attacker," in weapon retention drills. 4) The convenient on/off nature of this holster fosters an "I'll wear it when I need it" mentality, causing the gun to be left behind and to not be present when, unpredictably, it *is* needed.

There are many companies that make high quality paddle holsters, but none can get past these inherent weaknesses in the paddle concept. Go to the same maker, turn the page of their catalog, and order one of their holsters that *properly* secures to a good dress gun belt.

Construction

Leather or synthetic? Leather is the classic, and so long as it gets an occasional application of neatsfoot oil or other leather treatment, won't "squeak." Cowhide is by far the most common. Horsehide has its fans: it is thinner and proportionally more rigid, but seems to scratch more easily. Sharkskin is expensive, but extremely handsome and very long-lasting and scuff-resistant. It may last you longer than it did the shark. (I often wear sharkskin belts in court. Doesn't ward the lawyers off or anything, but seems appropriate, especially during some cross-examinations.) Elephant hide? Hellaciously expensive, but certainly tough, and predictably thicker than you probably need. Alligator and snakeskin holsters seem better suited to "show" than "go." For the most part, cowhide and horsehide are where it's at.

Rough-out or grain-out? The latter rules with outsidethe-waistband carry. The only guy who ever seemed to like rough-side-out belt scabbards was John Wayne, who wore a personally-owned rig of that kind in many of his cowboy movies. It tends to hold sand and dust. The guy who popularized rough-out holster design in concealed carry was the late, great Bruce Nelson, whose Summer Special design was hugely popularized by another departed giant of the industry, Milt Sparks. They found that insidethe-waistband, the rough outer surface had enough friction with clothing to help keep the holster from shifting position; early versions had only one belt attachment loop, and were less stable than the later, improved two-loop Summer Special variations. As a bonus, the smooth grain of the leather was now toward the gun, less likely to trap sand and dust and cause wear on the finish. Some theorized that this also made the draw smoother. However, sweat tended to rapidly migrate through these holsters to the gun, much more so than grain-out IWB holsters that seem to repel perspiration better.

Plastics, particularly Kydex, do not loosen with age like leather, nor do they tend to start out too tight and need a break-in, again a common thing with good leather. Kydex certainly provides more sweat protection to the gun. However, I'm not persuaded that they're longer lasting. The reason is that their belt attachments are more likely to break. In retention training, with constant struggles for the

neutralized guns between two men moving full power, I've seen a lot more Kydex and generic plastic holsters break than leather ones. The most secure of the Kydex holsters are the inside-the-belt variations. A genuine tactical problem with Kydex is that it makes a distinctive noise when the gun is drawn or holstered. Sometimes, the concealed handgun carrier wants a *surreptitious draw*, in which the weapon is slipped out of the holster unnoticed. This is much more difficult with Kydex and requires aching slowness. Score a point for traditional leather in that situation.

However, one advantage of Kydex holsters is that the better ones come with spacers in their belt loops to allow the wearer to adjust the holster to properly fit belts of different widths. For the person switching between casual pants and dress pants, the latter generally mandating narrow belts due to fashion pressure or belt loop size, this can be an advantage. The better Kydex holsters today, such as the Blade-Tech, can ride sufficiently tight to the body for good concealment. They also lend themselves better than leather to carrying a pistol already mounted with flashlight, with reasonable concealment.

There are very few fabric holsters, i.e., ballistic nylon, which will stand up. Most make it difficult to re-holster. For the most part, the "cloth" holsters are at their best as cheap "belt-mounted gun bags" that hold the gun for plinking sessions at the range, and not for daily carry in what might become a dangerous tactical environment.

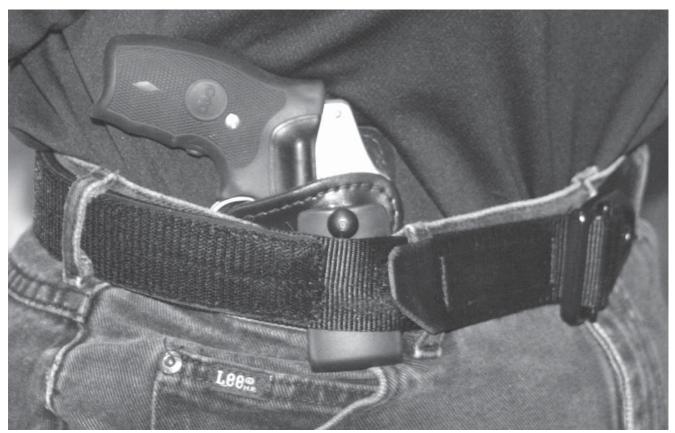
Security Devices

"Snatch-resistant" concealment holsters are discussed in the Open Carry chapter. However, they should not be neglected in concealed carry. People who haven't learned to properly activate retention devices call them "suicide straps," and prefer open top. They will tell you, "It's concealed, so you don't have to worry about someone grabbing it." *Rubbish!* Your attacker may know from previous contact with you that you carry a pistol, and even where you carry it. He may have spotted it when scoping you out. Or you might get into a fight and the other guy wraps his arms around your waist for a bear hug or throw and feels the gun, at which time the fight for the pistol is on.

It is good to have at least one "level of security," that is, one additional thing the suspect has to do to shoot you with your gun in addition to the obvious movement of pulling it out of the holster. An on-safe pistol should count as one level of security. So should a thumb-break safety device. A hidden or "secret" release device may count as two levels. A holster requiring a push in an unusual direction to draw is another level. It's not a bad idea for the holster to have at least one "level of security."

A safety strap can also keep the gun in the holster when something other than a hand pulls at it. The gun butt can catch in brush when sliding down a hillside, or on a counter you're pushed against in a physical fight, or simply come out if you take a tumble butt-over-teakettle. There have been cases of guns falling out of holsters on amusement park rides that put the rushing riders upside-down.

Some, like me, justify the occasional wear of opentop holsters with their extensive experience in handgun retention training. However, even we are likely to have at least a safety strap when out in the brush or performing



Appendix carry. As shown, it works particularly well for females. Combo is S&W 342 with LaserGrips in Safariland J-hook IWB designed by Bill Rogers.

other strenuous physical activity, or when "open carrying" as police investigators at the station or other environments that increase the likelihood of a gun-snatch attempt.

With practice and proper technique, the difference between open-top and thumb-break in drawing speed is a very thin fraction of a second, a fair price to pay for the added security.

Belt Factors

Holsters and belts are as symbiotic as automobiles and tires. We firearms trainers can tell you *ad nauseum* of students who come in with expensive guns in holsters that should have a Fruit of the Loom label, or may be proof incarnate that you can skin a chicken and tan its hide and make a holster out of it. However, we can also tell you about the students who come in with fine guns in top quality holsters that are hanging off crappy, floppy, narrow little belts whose institutional memory is probably the words, "Attention K-Mart shoppers!"

Even the best holster will, on a poor belt, hang outward from the body. It will shift its position constantly, violating the twin needs of discretion and comfort. There may be so much slop between the belt and the holster's belt loops, and so much undesirable flexibility in the belt itself, that you can exert the drawing movement for an inch or more and the gun has not begun to leave the holster.

The belt should be fairly stiff, and should be fitted tightly to the holster loops. Often, the easiest way to achieve this is to use a "mated" gun and dress gun belt from the same maker.

This also gives a certain pride of ownership. Looks great at an open carry barbecue. Of course, we carry them *concealed* for the most part, so it's not really a fashion statement, just a matter of personal satisfaction. I personally don't care who made the belt and the holster, I care that they go together.

You wouldn't save up to buy a Volvo or a Mercedes to keep your family safe, and then put on two-ply retread tires. Counterproductive. Ditto a good gun in a crappy holster, or a good gun in a good holster on a crappy belt. I would rather have a \$300 police trade-in handgun in a good holster on a good belt, than a \$3000 custom pistol in an inappropriate holster on an inappropriate belt. The man with the latter combination will inevitably lose a quick-draw contest to the equally skilled man armed with the former.

For those who don't care for leather, top-quality nylon dress gun belts such as the defining Wilderness Instructor's Belt will work fine with casual clothing, and companies like Blackhawk make narrow *faux* leather belts with matching-loop holsters that will work well in concealment. "Armed and green," as it were.

A larger gun in a well-selected holster will carry more comfortably and in more discreet concealment than a smaller gun in a poorly-selected holster on an inappropriate belt. Gun, holster, and belt are all part of a system, and if any of those links fail, the whole chain will fail. We're talking about life-saving emergency rescue equipment here. Failure is unacceptable.

CROSS DRAW



he cross draw holster - carrying the handgun butt forward, on the hip opposite the dominant hand - seems to be one of those "love it or hate it" issues among experienced *pistoleros*. There are several handgun sports that actually ban them as safety hazards. But there are also some folks out there who find them perfect for their needs.

Let's look at the upsides and downsides, and at how to streamline the cross draw Polymer-framed 9mm Kahr PM9 rides inside and below the waistband, and was designed for cross draw wear.

concept in ways that may help get past the concerns of the detractors. First, let's define some terms.

Assorted Cross Draw Concepts

There are cross draws, and there are cross draws.

Conventional cross draw generally puts the gun all the way over on the opposite hip.



Transparent raincoat is used to demonstrate cross draw. If garment is closed, front position shown can work well, but zippered garment like this should be fastened no higher than abdomen, and buttoned garment should have unbuttoned open space near the gun...

Front cross draw brings the gun to a point between hip and belt buckle, what would be the appendix position for a southpaw. This was the position once favored by IPSC shooters, and by the Illinois State Police back in the Seventies and earlier. It's also a favorite location for bellyband carry.

This is also a top choice for placing the second singleaction revolver required in Cowboy Action shooting.

Fanny packs are often worn in a position that, effectively, puts them in a cross draw location.

Shoulder holsters require a variation of cross draw to bring the handgun into action.

Backup gun rigs attached to body armor are normally worn like vertical shoulder holsters, and therefore call for cross draw techniques and tactics.

The Kramer Confidante, a tee-shirt with built-in gun pockets under the armpits, is designed for wear under a dress shirt or casual shirt. The draw is the same as that from a conventional shoulder holster: a variation of cross draw.



...assuming target/threat is in camera's position, first movement is to step back with dominant side hip. Support hand begins to rise, partly to block attack and partly to clear it from path of practitioner's own muzzle. Gun hands fingers begin to form "spear hand" configuration...

Cross Draw Advantages

Many of those who choose the cross draw do it because of **range of movement issues.** Proportionally more female than male cops and CCW civilians carry cross draw than their male counterparts. This is because with a female and a male of the same height, you can expect the woman to have a shorter torso, a higher pelvis, and relatively longer and more limber arms (vis-à-vis the torso) than men. A woman can reach farther under her off-side arm for a shoulder holster, and farther toward her opposite side hip, for these reasons. A cross draw belt holster or shoulder rig that might be literally out of reach of a brawny, broad-shouldered man might be perfectly accessible when worn by his sister.

For women, the cross draw is also an alternative to the problems that come with strong-side hip holsters that have been designed "by men, for men." The higher hips and more pronounced buttocks of the average woman push the muzzle area of a strong-side holster outward, which concomitantly pushes the butt in toward the body. Because of the higher belt line, a gun "handle" that sits comfortably



...as support hand continues to rise, spear hand "knifes" through coat opening for smooth access to gun ...



...access is achieved on Com-Tac dummy Glock 19 (used here for safety purposes), trigger finger straight and clear. Now...

in the hollow beneath a man's ribcage can press with excruciating discomfort into a woman's ribs. When the most popular solution doesn't work, you need to explore less popular alternatives, and cross draw/shoulder carry is one.

This not just a woman's issue. One of my fellow gun writers has some serious arthritic issues that limit the range of movement of his shoulder. He finds the conventional hip holsters of his youth to be awkward and uncomfortable, and excruciatingly slow. So, he wears his sidearm, usually a 1911 45 auto, cross draw on the opposite hip. *Voila:* problem solved.

Many bodyguard chauffeurs and others who must constantly be seated, especially at the wheel of an automobile, have come to appreciate across-the-body carry. Many types of car seats inhibit the elbow's flexion and therefore the reach of the gun hand when going for a strong-side hip scabbard while sitting in a vehicle. A quick reach down across the front of the body is generally faster. In the 1990s, a new breed of holster called the "counter-carjack" rig made a brief appearance, though it did not seem to catch on. It held the pistol butt down, with the barrel almost horizontal, just to the off-side of midline of the abdomen.

Men behind the wheel found it deadly fast. It did, however, have some downsides when one got out of the vehicle.

Hunting advantages. In the game fields, I learned to appreciate a sidearm in a cross draw holster. If it was backup to a long gun, the main gun's stock was no longer banging into the handgun's butt all the time. If travel involved ATVs and such, the cross draw seemed more accessible. Shoulder holsters have always been hunting favorites because the outer coat totally protects even big handguns from inclement weather.

I'm not a horseman – the closest I've come to hunting with a horse has been driving to the deer woods in a Ford Bronco – but friends who have hunted a lot on horseback tell me the cross draw is much more accessible to a person in the saddle. This is one reason cross draw was so popular among genuine cowboys in the Old West. At the OK Corral shootout, witnesses said Billy Clanton drew his 44-40 Colt Frontier Six-Shooter from a cross draw rig. And he was pretty quick with it. Wyatt Earp had gone into the fight with his own Colt 45 in the capacious, custom-made pocket of his overcoat, with his hand on the gun to start. Yet, when Clanton went to draw, he was so fast from his cross draw scabbard that both Wyatt and Virgil Earp testified later that







...and body is ideally positioned for classic Weaver stance.

Billy and Wyatt had fired simultaneously at the opening moment of the gunfight.

Weak hand accessibility. If you need to get to your sidearm with your non-dominant hand, nothing is faster than a gun already holstered on that hand's side. With a regular cross draw rig on the belt, you simply use the "cavalry draw." Turn your weak hand so the thumb is pointing to the rear and the metacarpal bones are toward your torso. Grab the pistol and lift. As it starts to clear the holster, point the muzzle down in front of you. The gun will now be upside-down. Rotate your hand to conventional gun orientation as you bring it up on target, and you'll avoid the common "cavalry draw" mistake of crossing your own body with the gun muzzle.

Is this fast? Well, on the Old West frontier, there were those who carried their guns butt forward and *always* did a cavalry draw from them! These included the men of the U.S. Cavalry itself, who carried their sabers on their left hips positioned for draw with the presumed-to-be-dominant right hand, and their service revolvers on their right hips in butt-forward flap holsters. The rationale was that if the cavalry trooper needed a weapon in either hand, a revolver was easier to manipulate with the "weak hand" than a saber,

and a conventional cross draw would be executed with the weak hand. If the dominant hand reached for the gun, it would do so with the "cavalry draw" described above.

James Butler "Wild Bill" Hickok carried a matched pair of Colt Navy 36-caliber revolvers at his waist, butts forward at the points of his hips. He used the cavalry draw exclusively...and he shot his way into history as, some said, the deadliest gunfighter of his time.

Compatibility with heavy winter coats. A kneelength overcoat is not the easiest thing to sweep out of the way when you need to suddenly, reactively draw a handgun from a strong-side hip holster. On the other hand, a shoulder or cross draw belt rig is very fast for a right-handed man or a left-handed woman to reach, through the *front* of the winter coat. All that is required is a coat design that allows one button to be left undone to allow access. (I say right-handed men and left-handed women, because men's coats button to the left and women's, to the right.)

One bitterly cold, dark night in the winter of 1970 I was wearing a heavy winter overcoat over a suit as I stepped out of a hotel and made my way through the biting wind to the far, dim corner of the parking lot where I'd had to leave my car. To make a long story short, I "saw the muggers

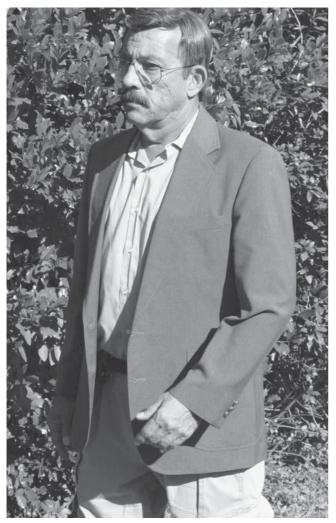


Slider loop in right (forward) slot of Blocker DA-2 hip holster is moved up to orient the holster in a vertical position, ideal for cross-draw carry. Pistol is Glock 17 full-size 9mm with Heinie night sights.

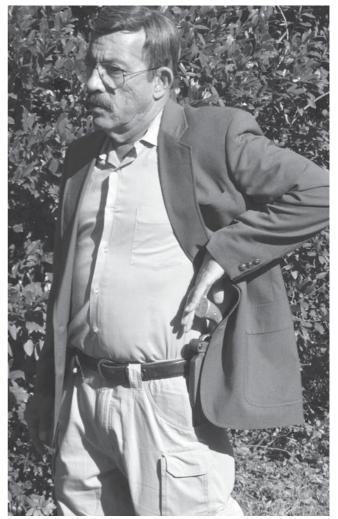
coming," and unbuttoned both coats so I could get at the Smith & Wesson 38 I was carrying in a Bucheimer scabbard behind my right hip. When they made their move, I made mine, and once my gun came out it was all over. On the way home, I kept thinking about how it might have ended if they'd been more stealthy, and my gun had been

buttoned under two coats when I needed to get it quickly. From then on, for a long time after, I carried my gun in a cross draw or shoulder holster in deep winter.

Compatibility with likely "hand start" position.Back in the Seventies, when IPSC (the International Practical Shooting Confederation) first got up and running, the front



The cavalry draw. Assume this old fat guy's right arm has been hit by first opposing fire, and his only gun is in a cross draw Aker holster, butt forward on his left hip...



...left thumb sweeps back coat as palm turns outward and slides between gun and torso...

cross draw was hugely popular. Concealment has never been an issue in IPSC, so a big 45 auto just to port of the belt buckle posed no problems in that regard. Ray Chapman, and many other champions of the day, shot from cross draw. Ray designed the popular Chapman Hi-Ride holster for Bianchi, and the (Ken) Hackathorn Special was a bestseller for Milt Sparks Leather, often worn butt forward.

Why the popularity? Only a few of us seem to remember that back then, one of the most popular start positions at the beginning of a course of fire was with the hands clasped at midline of the body. This put the gun hand just an inch or two above the grip-frame, and gave the user of a front cross draw holster a "running start." Many of the hip holsters "back in the day" were low slung, even using thigh tie-downs and riding on buscadero-like belts. The also popular "hands up" start position put a high-riding cross draw closer within the shooter's reach than many of the strong-side rigs. As time went on, it was discovered that moving your Chapman Hi-Ride or your Hack Special to the gun-hand side of the belt buckle made things just as quick, and soon the cross draw was a relic of the past among IPSC's top contenders.

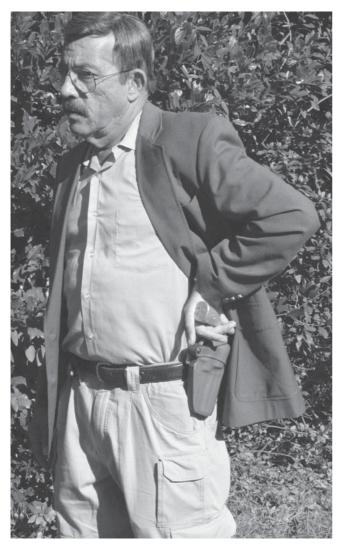
The Bianchi Cup has always used a hands-up start position.

I was there when Ron Lerch won the first, drawing his Colt 45 from a front cross draw, and for the years following when Mickey Fowler *ruled* the Cup, drawing his custom Government Model from the ISI front cross draw rig he had co-designed with manufacturer Ted Blocker, and named after International Shootists, Inc., the school he founded with training partner Mike Dalton, another ace gunner.

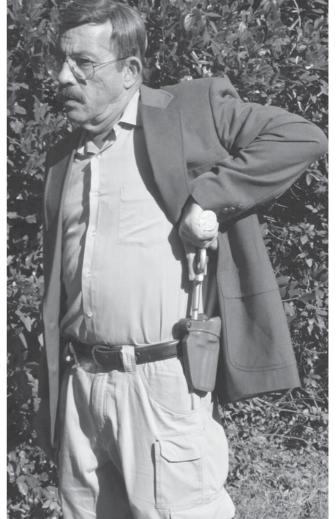
What does any of this have to do with serious pistol packing? Only this: there were times and places where men who knew where their hands would be when they began their draw, and had a lot riding on the outcome, chose the front cross draw position because it was faster to reach.

If you carry a gun for defense, when the day comes, you'll have a lot bigger stakes on the table than even so prestigious a trophy as the Bianchi Cup. If you can figure out a way to have your hands closer to the gun before trouble starts, in situations where you can't just haul it out when you smell danger, the cross draw tends to lend itself to early readiness.

Fold your arms at your chest, and let your gun hand slip inside your jacket. Ta-da! Your gun hand is already on your shoulder-holstered pistol, and ready to draw. The two key



...with "hand backward," conventional grasp is taken. Thumb would pop safety strap if there was one, and then take grasping position as shown...



...gun is pulled straight up along given holster's natural drawing path, and when barrel or slide area have cleared, gun is rotated butt outward...

portions of a draw are *access* and *presentation*. Access – getting to the gun and taking a drawing grasp – is the toughest part. Our tests show that starting with the hand on the gun cuts your draw-and-fire time roughly in half. With the cross draw shoulder rig, arms folded across the chest puts you discreetly in position.

Cross draw holster on the belt? The same technique works, simply lowering the folded arms midriff high. Bellyband holster in a front cross draw position? Slide the gun hand in through the opening above the belt that you'll have if you leave the second button above that belt undone. Take your drawing grasp. Let your free hand fold over that gun hand. Slouch forward a little. You look like a scared guy wringing his hands in a body language "surrender" position...but the belly gun is already in your hand, and you're ready to draw with the fast, efficient technique that made Chapman, Fowler, and Dalton the famous champions they are.

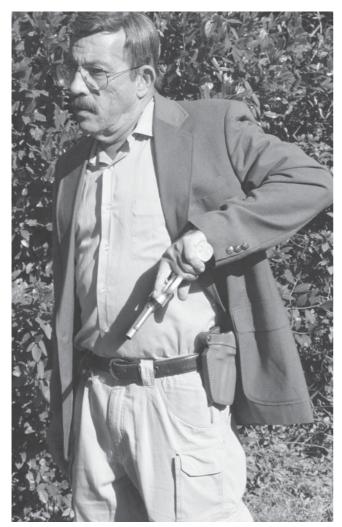
This, I submit, is a good thing to have on your side of a fight.

Disadvantages of Cross Draw

Cross draw is nowhere near as popular as it used to be. Remember the old TV series *Dragnet*, where Jack Webb as Joe Friday always had his snub-nose 38 butt forward on the opposite hip? Remember how many other cop shows of the Fifties and even the Sixties had detectives carrying their guns the same way?

That's almost gone now. I very rarely see cross draw holsters on plainclothes cops anymore, and when I do, they're usually on the hips of female officers for reasons discussed earlier. Shoulder holsters are somewhat more common, but less so than they once were, even though today's shoulder rigs are the best and most comfortable that have ever existed.

As far as uniform wear, the cross draw duty holster has been relegated to the police museum. When I was young, cross draw was standard uniform equipment for Metro-Dade officers in Miami, and for the state troopers of Florida, Illinois, Iowa, Michigan and Washington. The last stubborn holdout, the Iowa State Patrol, switched to Safariland security



...and that way, muzzle never crosses own body as Odin Press dummy of S&W 38 is thrust forward and simultaneously rotated upright ...



 \dots and shooter is in a strong firing stance, here using "McMillan/Chapman tilt."

holsters on the strong-side hip just a few years ago for their S&W 4046 Smith & Wesson 40s. They recently replaced those guns with S&W's new Military & Police autos in the same caliber, but stayed with the strong-side Safarilands. Today, there is not a single major police department in the United States that issues or, to my knowledge, even authorizes cross draw holsters for personnel in uniform.

One of the biggest complaints about the cross draw was that the forward butt made the gun altogether too accessible to an opponent you were facing. Indeed, with the gun all the way over on the opposite hip, it was literally more accessible to a facing man than to the wearer, if they were positioned to each other squarely. Bill Jordan warned against cross draws for just this reason.

The late, great gun expert Dean Grennell was a good friend of mine, and one day he told me that early in his short police career, he equipped himself with a 3 1/2-inch barrel S&W heavy frame 357 Magnum in a cross draw holster that looked just spiffy, and seemed handy to reach when he was at the wheel of the cruiser in the Great Lakes area community he served. Then, one day after lunch, he was washing his hands at the rest room sink and, looking in the

mirror, realized just how inviting that forward-projecting gun butt would look to a man standing in front of the uniformed officer. On his next shift of duty, he told me, his Smith & Wesson Magnum was in a strong-side hip holster.

Another big problem, particularly when the gun was worn as a true cross draw all the way over on the opposite hip, was that the draw could sweep the range officer behind the shooter on the range, and would definitely sweep the shooter on the holster side. This is why cross draw has been banned from police combat/PPC competition since its inception in the late 1950s. This is why it has been banned in IDPA (International Defensive Pistol Association) competition since that organization was founded in 1996. I recall visiting the Iowa State Law Enforcement Academy about thirty years ago, back when Iowa state troopers carried S&W Model 13 357 Magnum revolvers in cross draw flap holsters. I learned that when Iowa State Patrol recruits came through the Academy, they were forbidden to use their issue duty holsters, and instead were furnished by the Academy with FBI-style straight-draw scabbards for the strong side hip.



Polymer-framed 9mm Kahr PM9 rides inside and *below* the waistband, and was designed for cross draw wear. This is the side that faces the wearer.

Shoring Up the Weaknesses

Whatever the concept, my rule is "go toward your strengths and shore up your weaknesses." The strengths and weaknesses of cross draw carry have already been identified. Let's look at how to shore up the identified weaknesses if you've decided to, at least sometimes, carry the gun opposite your gun hand.

Handgun retention. Take a tip from the Illinois State Police. For the last several years of cross draw carry with their Smith & Wesson Model 39 9mm autos before switching



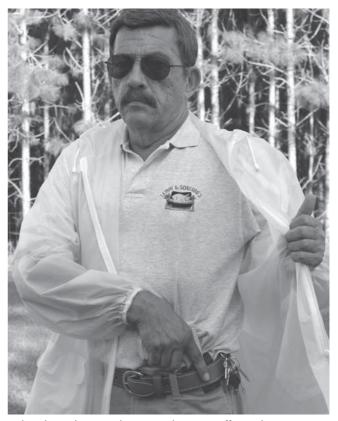
Cross draw lends itself well to surreptitious draw. Regular jacket would hide what this transparent one reveals: standing with arms crossed, author already has drawing grasp of dummy Glock in cross-draw LFI Concealment Rig.



Another option for cross draw. If concealing garment is open as shown... $% \label{eq:concealing}%$



...support hand can grab garment as shown and peel it back, giving drawing hand faster and clearer access to the LFI Concealment Rig worn here cross draw ...



...but this technique takes somewhat more effort to keep support hand out of gun muzzle's drawing path, and that hand may be busy warding off an attacker.

to strong-side holsters in the late 1970s, they wore their flap duty rigs in a *front* cross draw position, with the gun tilted about 30 degrees toward the dominant hand. Like the Iowa State Patrol and the Michigan State Police, they taught troopers to lift the flap with their nearby weak hand, and draw with the strong hand.

The draw would start from the interview position, with the weak side (which, with cross draw, is the holster side) of their body toward the threat. When this stance is combined with the 30-degree angle of holster rake, the butt is no longer "offered" to the man in front of you. Indeed, it's your muzzle that's pointing toward him. This is a *much* more defensible posture from which to start a struggle for the holstered weapon!

With a cross draw holster on the belt, the Lindell System (Kansas City system) proven for three decades now and created by Jim Lindell, will work. You simply treat the right-handed cross draw holster on your left side as if you were a left-handed person carrying your weapon on your dominant side. The entire repertoire of techniques will work fine.

The Lindell System has never really addressed shoulder holsters. I teach my students a set of shoulder rig retention techniques that were developed by Terry Campbell, late of the Marion County (Ohio) Sheriff's Department, one of the toughest and best defensive tactics instructors I've ever had the privilege of training with. No handgun retention technique (at least, none of the ones that actually work on the street) can be taught in a magazine article or a chapter of a book. But, make no mistake, retention techniques that will protect cross draw and shoulder holsters do in fact exist.

"Sweeping" and Safety Problems. Yes, the cross draw is banned in IDPA, PPC, and most police academies. That said, it's still allowed to my knowledge in NRA Action Pistol Shooting (including the Bianchi Cup), IPSC, and of course, cowboy action matches. The requirement that makes it safe in those venues is the one you want to use religiously for your own practice "for the street."

Always remember: "If it's not safe to practice on the range, you'll never build enough repetitions to make it work reflexively and safely in the real world."

To make the across-the-body draw safe and efficient, drill in the following steps. They'll work with conventional cross draw, front cross draw, belly-band, fanny pack, shoulder holster, *et. al.*

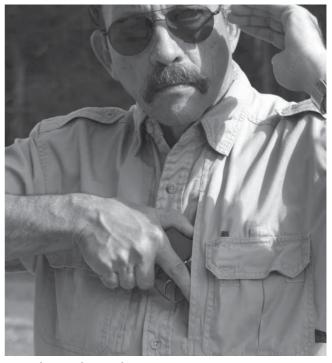
Step one: Take a step back with the leg on your gun hand side, turning the holster side toward the threat.

Step two: Drop the gun hand straight down to the grip-frame. As you do so, raise your non-dominant hand as shown in photos, into a blocking position. This will keep your gun arm clear of your muzzle's path.

Step three: As you draw, bring the pistol back across your body toward your strong hand side until the muzzle comes up and into the target. There should be no "sweep" laterally: the muzzle should come right up out of the holster and toward the threat.



Reaching through a conveniently unbuttoned opening to belly-band positioned for front cross-draw is one of the fastest ways to bring a little J-frame snub into action.



Cross draw as shown is best access to AirLite S&W, worn in hidden pocket behind breast pocket of this Woolrich Elite shirt designed by Ferdinand Coelho. Thumb is on top of hammer area to reduce the combined width profile of the drawing hand and the gun, smoothing and accelerating the draw.



right now. That doesn't mean that there aren't some people for whom it's the best choice. Nor does it mean that each and every one of us might not find some special purpose that is best fulfilled by some sort of across-the-body carry.

It's like so many other things. It's safe if you do it correctly, and may even be more efficient. But when any of us go to a new technique - or resurrect an old one, like this - we have the responsibility of making sure we're doing it correctly, and making the right choice for the right reason.

The Chapman Hi-Ride was Bianchi's competition holster commonly used as front cross draw. This one was custom made by the factory for long-slide competition pistol. Les Baer 45 is shown here.

SHOULDER HOLSTERS



he driving rain sweeps the night streets and sidewalks of the city, making them look like glistening pools of ink, streetlights and automobile headlamps sending swords of light across their oily surfaces. You pull up the collar of your trench coat, and tug the brim of your dripping fedora a little lower down over your eyes. You reach inside the coat to feel the reassuring solidity of the gun in your shoulder holster...

shoulder rig that must be a quarter century old, but still works perfectly.

Ah, yes, the shoulder holster is a part of whole *noir* scene, in movies and novels alike. Frank Sinatra carried a Colt pocket model in a Heiser-type shoulder holster in *Suddenly*, and one biographer says he wore the identical combination, loaded, under his custom tux and suit coats, in a time when most carry permits were discretionary and most movie stars could get them. Robert Stack as Eliot Ness carried a Colt Official Police 4-inch in a



Recommended draw from vertical shoulder holster. Transparent raincoat used here for illustration purposes reveals a vertical shoulder holster, with Odin Press dummy 1911 pistol used for safety reasons.

butt-up spring clip shoulder rig of the Heiser style, as did all his men on the TV show. Playing the same role in the movie *The Untouchables*, Kevin Costner wore a Colt 1911 auto in a shoulder rig.As a matter of fact, the real Eliot Ness *did* wear a shoulder holster, and a Colt. However, Ness' Colt seems to have been an early 38 Detective Special with a 2-inch barrel.

On the printed page, the mid-20th century saw Mickey Spillane's classic "hard-boiled private eye," Mike Hammer, carrying a 45 automatic in a shoulder rig. In one book – I want to say "Vengeance Is Mine," but I'm working from memory here – Hammer replaces a lost 45 with a military surplus Colt 1911 bought from a New York City gun dealer. In the last of the novels, *The Black Alley*, Hammer's shoulder holster carries an updated, commercial Colt 45 auto, the Combat Commander. A popular paperback private



Movement begins with gun hand side quartering back from threat, support hand rising to block attack, and to get it out of shooter's own gun-path. Gun hand fingers form "spear hand" that knifes into opening of coat, which is fastened up to solar plexis.

eye of the 1960s, Shell Scott, was armed by author Richard S. Prather with a snub-nose Colt Detective Special 38 in a "clamshell shoulder holster," which I always pictured as a Berns-Martin Lightning.

The glamorous image of the shoulder holster went beyond private investigators. One of today's best-selling novelists is Laurell K. Hamilton, who's most popular character is "Anita Blake, Vampire Hunter." Set in an alternate reality in which vampires and assorted were-beasts are out of the closet, politically active, and legally protected, they can only be slain if a judge signs a warrant and dispatches a Licensed Vampire Hunter like the heroine. A petite female, Anita Blake was armed by her creator with a Browning Hi-Power and a Star StarFire, both loaded with all-silver 9mm hollowpoints, and one carried in a shoulder holster with the other backing it up in an inside-the-waistband holster.



...and takes firm drawing grasp. Now...



...gun hand draws, NOT down and out, but STRAIGHT ACROSS CHEST, which will clear support arm now and also ...

What character in modern adventure fiction could be more famous than James Bond, Agent 007? The late Ian Fleming equipped him with a Beretta 25 in a chamois shoulder holster in the early novels. (This ignored the fact that chamois would probably hold moisture and rust the gun it contained, which is probably why you never see anyone in the holster industry actually making the things out of chamois.) In *Doctor No*, Fleming summoned the assistance of leading British handgun authority Geoffrey Boothroyd, who more or less played a cameo as himself in the novel, but apparently Fleming didn't keep good notes of Boothroyd's advice. 007 wound up with a 32-caliber Walther PPK in a Berns-Martin Triple Draw holster, which could be worn as either a belt or shoulder rig. Problem was, this design secured on the cylinder and was available for revolvers only, not autoloaders such as the Walther.

When the Zodiac Killer stalked San Francisco, the crack SFPD investigator who hunted him was the famed Dave Toschi. Photos of the period show Toschi wearing a short-barrel revolver in a shoulder rig. Toschi is said to be the real-life model for the character Steve McQueen played in *Bullitt*, and in that move McQueen wore a 2 1/2-inch barrel Colt Diamondback 38 Special in an upside-down Safariland shoulder holster.

Real Life

Why so much "reel life" before getting to "real life" use of

shoulder holsters? The reason is, no holster choice has been so much influenced by the entertainment media - print, film, and television - as the shoulder rig. In their classic non-fiction text on holsters, Blue Steel and Gunleather, John Bianchi and Richard Nichols said, "Perhaps no other category of holsters has more nostalgic appeal. Although such holsters were first used many decades earlier, the copsand-robbers movies of the Thirties, followed by subsequent prohibition movies of the Forties and Fifties brought shoulder holsters to the attention of the public. The old gangster-versus-police films featuring James Cagney, Edward G. Robinson, and Humphrey Bogart (who were alternately cast as good and bad guys), were liberally sprinkled with a wide variety of shoulder holsters. Wardrobe and property departments made liberal use of the dramatic impact of these harness rigs."

The fact is, though, that art was imitating life, as it should have been. Nichols and Bianchi were correct to note that the shoulder holster had long preceded cinema. Dr. John "Doc" Holliday was known to frequently wear one, and as noted, so did the real Eliot Ness. Shoulder rigs were seen on the other side of the law in the Roaring Twenties and the Depression years, as well. Baby Face Nelson was partial to shoulder rigs. So was John Dillinger, who had been observed wearing a twin shoulder rig with a pair of Colt 45 automatics by the nervous folks who dropped a dime on him at the Little Bohemia Lodge and set the stage for what was then



...more quickly get the muzzle on the threat ...



...and smoothly flow into a classic Weaver stance.

the FBI's most humiliating debacle. (Dillinger didn't wear shoulder holsters or 45s when they weren't suitable for his lifestyle, though. On the hot summer night when he was killed outside the Biograph Theater in Chicago, he was coatless, and carrying a Colt 380 automatic in his pants pocket, and a spare magazine of UMC 380 ball ammo in another pocket.)

Real Life, Not Reel Life

Shoulder rigs were more popular in the time of Eliot Ness than now. Part of that came from most folks not yet having figured out that good gun belts were necessary for hip holsters, and part of it was that hip holsters hadn't yet come anywhere close to today's state of the art.

Nowadays, cops and armed citizens alike vastly prefer belt carry to shoulder carry, but that does not by any means make the shoulder holster obsolete for gun concealment. There are several situations where they come in handy.

Female Practitioners

Female users seem proportionally much happier with shoulder rigs, particularly detectives who wear guns constantly and daily. Many of the factors on the male body that make the strong-side hip holster a guy's favorite, are not present on his sister, even if she's the same height. The female torso is proportionally shorter than the male's, and her pelvis proportionally much higher and usually a lot

more flared. The gun butt that rests just perfectly below the ribcage behind the brother's hip digs painfully into his sister's floating ribs, due to the higher pelvis and shorter torso. Moreover, the flare of her hip pushes the bottom of the holster outward at the barrel end, which concomitantly forces the butt end uncomfortably into her side. As if this is not enough, the weapon sits so high that she practically has to disarticulate her shoulder joint to perform a proper hip draw.

If the hip holster is a "by males, for males" design that is ideal for most men and difficult for many or even most women, the shoulder holster turns out to be the exact opposite. A great many men, particularly big guys, have tried shoulder rigs and found them mercilessly uncomfortable, while women do not have the same problems with them as their brothers.

Once again, it's a case of *vive la difference*. A woman's torso tends to be narrower through the chest and rib cage area than that of a man the same height, and her arms will be proportionally longer and usually, more limber. This makes certain angles of shoulder holster carry – notably the 45-degree muzzle up/butt down position, and especially the muzzle straight up position – difficult for the male to reach in terms of proper grasp and draw. This becomes increasingly worse as the male gets more broad-shouldered (forcing his arm to reach farther) and more broad-chested (also impeding his reach in that direction.)



In other words, *she* can reach much farther in the direction a shoulder holster draw requires, than *he* can.

run out of range of movement with the tip of their longest finger somewhere in the armpit area. Typically, though, the female will be able to reach around so far that she can pat herself on the shoulder blade, and I've seen a very few women so slender and flexible, their middle finger could

There are other reasons so many women prefer shoulder rigs. Only the most casual female wardrobe will allow the sort of quality dress gunbelt that men can wear even with business suits. The self-suspensory nature of the shoulder holster solves that problem nicely. Hanging a spare magazine or two under the off-side arm from a flat, soft, well-designed piece of leather or synthetic seems to be more comfortable and less protuberant than hanging it on the belt. And, if she has a narrow waist, space there is at a premium, but there's a vacant place to hang gear right there under the armpit.

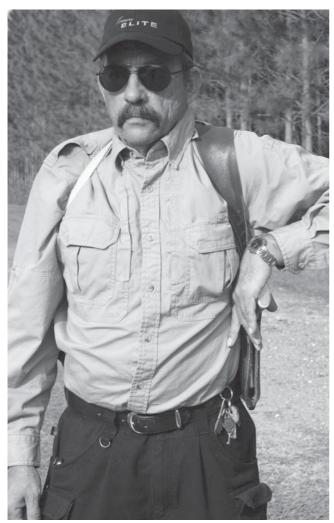
Constantly Seated Practitioners

touch their spine.

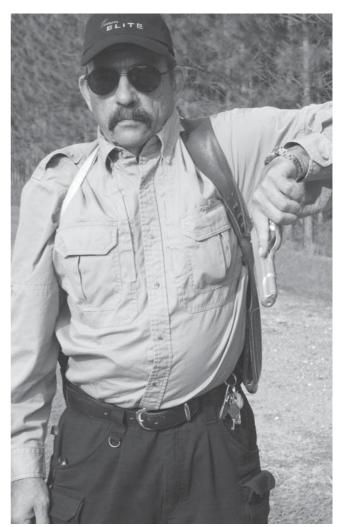
Some occupational requirements force the person wearing the gun to be constantly seated. A teller's cage. An office or cubicle. Behind a steering wheel. A wheelchair. Many practitioners have found a comfortable shoulder rig to work well in these applications. However, the optimum word is "comfortable."

You can achieve the same goals with a cross draw belt holster, but the shoulder rig has some advantages. Depending which side of the seat you're on, the armed driver or bodyguard/chauffeur may find seat belts getting in

Baby Glock 27 that backs up this officer's Glock 22 is carried in holster clipped to body armor, reached with support-side hand shoulder holster style.



Shoulder holsters lend themselves to weak-hand draw. Here, with vertical rig, left hand comes in palm out to take drawing grasp...



 \ldots and is rocked out muzzle forward, upside down, to keep gun from crossing its own user \ldots

the way of the cross draw holster. A "shoulder system" with spare ammo suspended beneath the armpit opposite the holster may also give faster access to spare magazines than would a belt pouch for a seated person.

These "reach" factors may significantly favor the person who is constantly planted in other types of seats. An armchair's arms, and those of a wheelchair, can catch a hip holster on either side of the body. The shoulder rig will literally be "above all that."

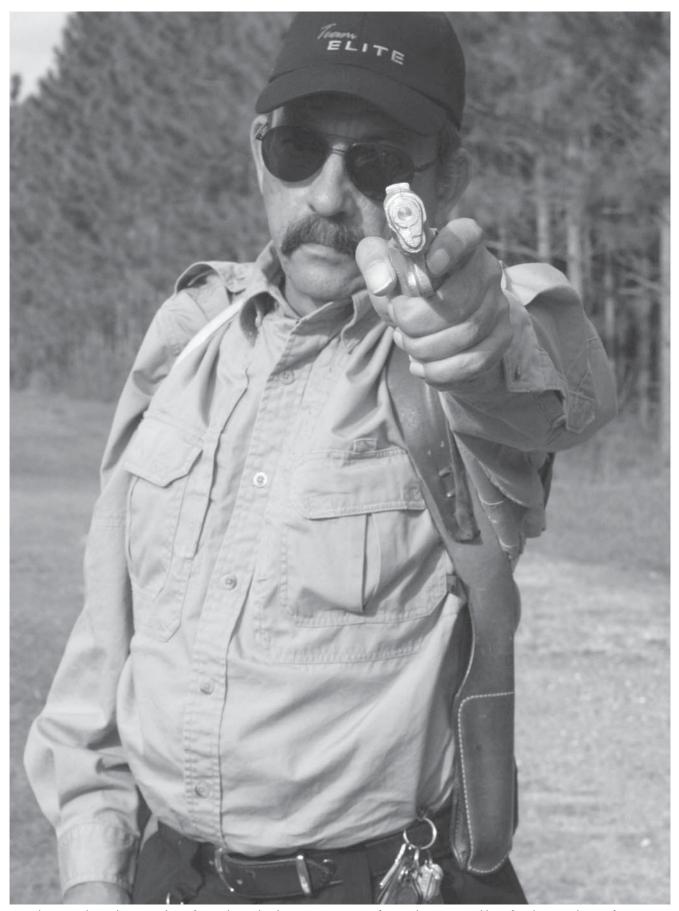
There can be a downside, however, and again it goes to comfort factor. "Concealed means *c led*," and in an automobile, that means a covering garment must constantly be worn. The long-haul driver with a handgun holstered on either side of his belt can generally take his coat off, and it will probably go unnoticed by anyone not in the vehicle with him, or not leaning into the vehicle and peering in. Not so the shoulder rig. Failure to realize this led to the fortunate arrest of American terrorist Timothy McVeigh, who was stopped by a lawman who spotted McVeigh driving while wearing a Glock 45 auto in an uncovered shoulder holster. The policeman drew his own Glock and arrested McVeigh at gunpoint. Apparently more comfortable blowing up

children with explosives from a safe distance than he was facing armed good guys, McVeigh meekly surrendered.

The shoulder holster works well for "drivers" of conveyances other than automobiles. Most of the police pilots I've flown with – and virtually all of the police *helicopter* pilots – wore shoulder holsters.

That goes for farm vehicles such as tractors, as well. Don't forget, part of a day's labor on a working farm is getting under the tractor or the machinery to fix it. If a snake slithers along at that point, it might be difficult to get at your hip. No one has a better perspective on this than my old friend Frank James. A well-recognized authority on firearms and the gun industry, Frank also owns a successful working farm. In fact, his good-natured nickname among friends is "Farmer Frank." One of those friends is noted weapons expert Rich Grassi. In the 2008 edition of Harris Publications' *Concealed Carry* annual, Rich asked half a dozen of us what we carried on our own time and why, and called the article "Carry Guns of the Professionals." Frank James had the following to say:

"Unlike many in the gun-writing field, I am an advocate of the shoulder holster because in my experience, waist or hip-mounted holsters are poor choices during operation



...and is rotated upright as it is thrust forward into the threat. Dummy .45 is from Odin Press, used here for photographer's safety.



This horizontal shoulder rig, the Stylemaster by Mitch Rosen, conceals even on an average size torso with the "baby Glock."

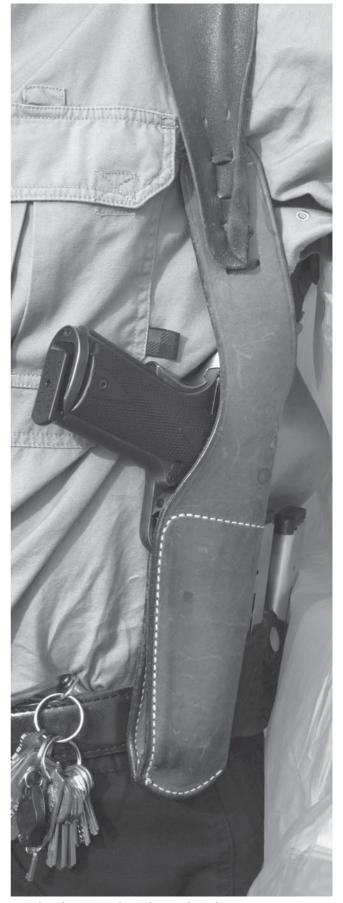
and/or the repair of farm machinery.

"Throughout the harvest, I usually rely on an S&W M657 41 Magnum with a custom 4-inch barrel and a Walt Rauchdesigned gold bead front sight. This revolver is routinely carried in an A.E. Nelson Model 58 shoulder holster with the old-style Al Goerg shoulder harness. On certain occasions I will substitute a custom-built Heinie Springfield Armory 10mm 1911 pistol for the S&W M657. This is my second Heinie 10mm 1911 pistol, since I wore the first one (built on a Colt Delta Elite) out, but I've also worn out three different S&W 41 Magnum revolvers. The holster used with the 1911 is the Galco Miami Classic, but I adjust the holster to a highly angled rake with the muzzle up and the butt down because that makes the whole thing less prone to snagging on hoses, levers, and other stuff," Frank concludes.

Shoulder System Users

The man who invented both the concept and the term "shoulder system" is generally conceded to be Richard Gallagher, with his early Jackass Shoulder System line that became the cornerstone of his later Galco gunleather empire. Here we had a comfortable figure-eight harness that did not put direct pressure on the neck. Under the armpit opposite the dominant hand swung the holster, which could be adjusted from horizontal draw if the gun was short enough to conceal that way, to 45 degrees or more angle of muzzle up/butt down. And, on the opposite side, there were pouches for ammunition – loose revolver cartridges, auto pistol magazines, even speedloaders later – and handcuffs.

This absolutely captivated the type of plainclothes officer who is uncomfortable carrying a gun all day. By pulling open the desk drawer when an emergency call came in, this practitioner could don the shoulder rig as easily as



Bianchi's classic X15, shown here with Kimber 45 auto.



Horizontal shoulder holster needs subtly different draw from vertical style. Here dummy Glock is visible in Rosen holster under arm, thanks to transparent jacket...

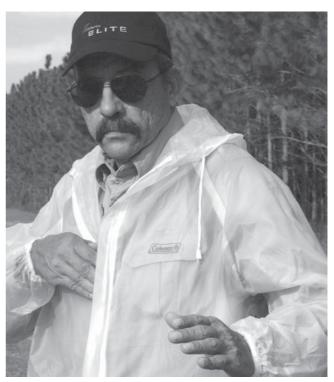
throwing on a coat, and *voila!* Gun, ammo, and cuffs were suddenly onboard and ready to go in one smooth swoop.

There are those of us who don't care for this approach, since we know that one might be away from that desk drawer, or wherever the shoulder rig is stored, when the call to arms comes. We prefer to put our gear on in the morning and take it off when we are certain we will no longer need it. However, we have to realize that not everyone who carries a gun on the side of the Good Guys n' Gals shares this attitude. A quickly donned set of gun-and-gear beats hell out of *no* gun and gear, and that's why, even if this had been Richard Gallagher's only design, it would have earned him a place in the history of great holster designers.

Another useful purpose for the shoulder system is the bedside "roll-out kit." Only the most paranoid (or those at genuinely red alert level of risk) sleep with their guns on. When the burglar alarm goes off or the glass breaks, a shoulder rig right by the bed allows the awakened home defender to do exactly what that lax-about-carrying cop does with *bis* shoulder system. In a trice, with little more than a shrug of the shoulders, the necessary gear is strapped to him even if he doesn't have time to fully get dressed. A small, powerful flashlight clipped to the shoulder strap, perhaps even a pouch attached for a cell phone, and the defender is equipped to "roll out" and handle necessary defensive task.

The "Orthopedic" Shoulder Rig

One reason I keep shoulder holsters in my personal wardrobe is that over the years, I've occasionally "thrown my back out." It always seemed to be something in the lumbar



...as draw begins, gun-hand-side leg steps back, pivoting body as shown, while support hand rises to blocking position and fingertips of drawing hand knife through opening in coat, which as shown should be fastened no higher than solar plexus...

region. There are also hip injuries that can make anything heavy worn on a belt (or even a belt itself) intolerable. In situations like that, a shoulder holster can be a Godsend.

Indulge me in a little personal remembrance. In the early 1990s, I managed to throw my lower back out big time. The doc told me in no uncertain terms that I was not to have *any* weight on my belt. If I was going to do police work, he said, it would have to be administrative or investigative, so I wouldn't need to be in uniform, because he had treated a lot of police back patients and knew how heavy the Sam Browne duty belt was.

"No problem," I told him. "I'm sure my chief will let me do plainclothes for a while. I'll just wear a shoulder holster."

He looked at me, dead-level serious, and answered, "Make sure you wear one on each side."

There was a long moment of silence. I ventured uncertainly, "Uh, you're kidding me, right?"

"Not at all," snapped the doc. "Think about it. Your lower back is trying to heal. Your lower back supports your upper body. If weight is off-center on one side of your upper body, your lower back isn't going to heal, is it?"

I went home to the holster room and cobbled together a double rig for a pair of Smith & Wesson revolvers. The harness and the left-hand holster were from an early Bill Rogers design, and the right-hand holster was from an old Jackass Shoulder System. It was exactly balanced. The short-barrel K-frames were adjusted to horizontal carry, held securely in place by thumb-snaps, and were very quick to get at. And, sure enough, my lower back sighed in relief.

And I felt like Sonny Crockett's older, stranger brother.



...gun hand takes firm grasping hold with all but trigger finger, as thumb releases safety strap. Meanwhile, support arm has risen higher than usual to Najiola-style block ...



...and now pistol is drawn straight rearward across chest, quickly coming to bear on opponent and without crossing shooter's own left arm ...

Sonny Crockett was the character played by actor Don Johnson on the then-popular TV series, *Miami Vice*. Show creator Michael Mann was big into both cutting edge guns and authenticity. He had the Crockett character carry a little Detonics 45 in a black nylon ankle holster for backup, and as primary, a Smith & Wesson Model 645 45 auto or, for much of the series, an oh-so-trendy Bren Ten 10mm auto. Both were big, heavy pistols, so the Crockett character wore whichever he carried in a given season in a shoulder system. The shoulder rig *du jour* was either a Ted Blocker or a Galco, again depending on the season of production.

I spent a little time with a postal scale, and determined that a Colt Lightweight Commander pistol loaded with 185-grain jacketed hollowpoints *exactly* balanced out with two spare loaded magazines, a pair of handcuffs (I forget which set, but they may have been the old S&W Airweights made of aluminum like the Commander's frame), and finally a Spyderco Police Model knife clipped onto the harness on the opposite side. That was the rig that carried me through to recovery, at which time I went back to my old, familiar hip holsters and belt-mounted magazine pouch.

Cold Weather Carry

The shoulder holster has much to recommend it in very cold weather. By leaving one button undone, the hand can knife through the opening in the coat to grasp the pistol, even when bundled up against sub-zero weather. Living more than half a century in New Hampshire, which can become a frozen wasteland in winter, I found that when I took my overcoat off in an office or restaurant, the sport coat or suit coat beneath it generally stayed on, and the

thermostat in the given place was generally adjusted to allow for that.

Others had noticed it long before I came along. Hunters in particular learned to appreciate shoulder holsters. Part of that was that big-game hunting season generally falls in the cooler months, and part of it was that the outer garment made a perfect protector of the shoulder-holstered handgun from inclement weather in the great outdoors. When the handgun is backup to the rifle or shotgun, it also keeps the stock of the long gun from getting scratched against the handgun on the same-side hip, or the adjustable sights on the holstered 44 Magnum from being inadvertently knocked out of alignment by the butt of a long gun. Pioneering handgun hunter Al Georg, in the 1950s, did a great deal to popularize the shoulder rig among handgun hunters.

The hunter's concealed handgun can protect him from more than dangerous wild game. The following account appears in the book *Street Stoppers* by Evan Marshall and Ed Sanow, published by Paladin Press.

"While hunting bear in the northwestern United States, he carried a S&W Model 57 41 Magnum with an 8 3/8-inch barrel in a shoulder holster as backup, loaded with Winchester 170-grain JHPs. He and his hunting partner had spent a frustrating day without even seeing a bear. They had returned their rifles and related equipment to their motel room before going out to dinner.

"They were returning to their car when they were approached by a shabbily dressed individual who asked for money. The hunter gave him \$5, but the man made a sarcastic remark about the bigger bills in his wallet. Ignoring him, the hunter turned toward his car when he



...and the draw smoothly flows into a classic Weaver stance.

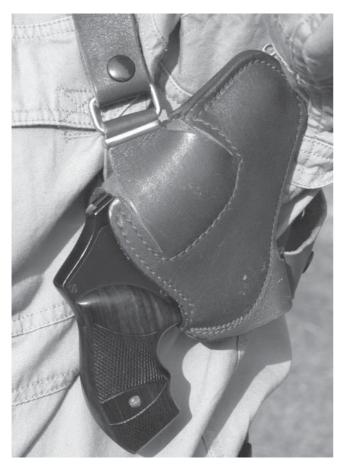
was struck in the back. Thinking that the panhandler had hit him with his fist, he turned around to see the man holding a large knife in his hand. Realizing that he had been stabbed, he pulled the revolver from the shoulder holster and shot him twice."

The shoulder system also works very well in cold weather for uniformed police officers. When you're working a dangerous job, a second full-size fighting handgun can be a comforting thing. In a tailored uniform, with some piece of equipment already occupying every inch of space on your duty belt, it's all you can do to tuck a snub-nosed revolver into a hideout holster somewhere. But, with a jacket on, a shoulder system lets you not only utilize that unused space beneath your armpit, it lets you carry something more substantial there.

On NYPD's legendary Stakeout Unit, each officer was required to carry two handguns and have a long gun within reach while on that particular Job. Some used a service revolver and an off-duty snubby, but many carried two full service-size guns, and a shoulder holster was often the choice for one of them. Since they were quasi-uniformed in heavy vests stenciled POLICE in big letters on the front, convenience was a greater concern than concealment. Not all used the shoulder rig. The late Jim Cirillo, the SOU's most famous alumnus, carried one 4-inch barrel S&W Model 10 in a strong-side hip holster, and a second in a cross draw belt scabbard where he could reach it with either hand. However, Jim's frequent partner Bill Allard - probably the one guy on the squad who killed more criminals in the line of duty than Jim - was fond of the shoulder rig. He carried butt up/muzzle down, and the gun under his arm was generally either a heavy barrel 4-inch Model 10, or the Colt National Match 45 auto that he had special permission to carry on duty, and with which he killed at least three gunmen that I know of. A 38 Special revolver was generally in the holster on his right hip.

I had the chance to ride with Dave Venezian and Frank Bianculli, known on NYPD as "the Batman and Robin of Queens." Each carried one gun on the strong-side hip, and the other in a shoulder rig. They worked plainclothes, and they were able to conceal their shoulder rigs in spite of sultry heat in New York summers.

Remember the Y2K thing? We laugh about it now, but when the clocks and the computers ticked over on New Year's Eve that year, many people believed it was going to be TEOLAWAKI, the end of life as we all know it. And it wasn't just paranoid computer geeks. A few months before, I had been at a conference of the New England Chiefs of Police Association, where planning for Y2K was a major theme of the event. We were told by some very heavy-hitters that there was an excellent chance that the entire New England power grid would go down for an indeterminate period of time. Moreover, solid gang intelligence indicated that criminal groups in the Boston and New York metroplexes were under the assumption that a power failure would somehow magically unlock vault doors inside banks, and all the bangers would have to do would be to run stolen dump trucks through the front doors and gather up the loot. Informers also indicated that small banks in suburban and



Upside-down shoulder holsters (muzzle up, butt down) work best with smaller, lighter guns, author has found. This is the old Bianchi 209, carrying an Airweight S&W J-frame 38 Special with Eagle "secret service" grips.

rural areas, where "the thin blue line" was thinnest, were deemed by the gangs to be prime targets.

This was by no means just a New England perception. In New York City, generators and thirty days' supply of food were stockpiled at every precinct house. Across the nation, law enforcement and other emergency services personnel found leave cancelled. Manpower often doubled for the shift that would see "the turning of the clock."

In the small town I served then and now, two banks were located a few hundred yards from each other, and in line of sight from a major interstate highway. Given the intelligence we had been provided by unimpeachable sources, these two locations might as well have had bulls-eyes on them.

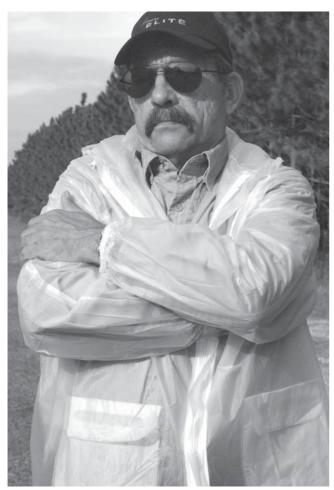
My department, like most, had its people out in force that night. We had issued M14 7.62mm NATO rifles to supplement the Ruger Mini-14s and the 12-gauge autoloading shotguns that were already permanent fixtures in each patrol vehicle. It was a typical, cold New England night, so as I and another officer stood watch over the two banks from a suitable vantage point, I had a spare pistol on under my uniform coat in a Bianchi Tuxedo shoulder rig. Since our department issue sidearm at that time was the excellent Ruger P90 45 auto, I simply kept one of those in my Safariland SSIII uniform holster and a second P90 in the Bianchi shoulder rig under my coat. My primary weapon, however, was a match-grade



Many men have difficulty reaching far enough across their chest to get good drawing grasp on upside-down shoulder holsters. Here's Ayoob's suggestion: snag it with your middle finger...



...flip it forward into drawing grasp, and *then* complete the draw. This is Blackhawk dummy version of S&W Centennial revolver, in Bianchi 209 shoulder rig.



Shoulder holsters lend themselves well to surreptitious draw. Even with transparent raincoat, folded arms hide the fact that Ayoob's shoulder holstered 38 is already *in* his gun hand and ready to draw.

M1A Springfield Armory 308 with Trijicon scope.

And, of course, the clock ticked past midnight and power *didn't* go out, and life was good. The point was, on that bitterly cold night when hard intelligence indicated we could expect very serious problems from very dangerous people who run in packs, I for one had found it comforting to be able to wear a second full-size service pistol under my uniform coat to back up the one in my security hip holster...and a shoulder holster proved to be the most convenient way to do that.

Design Features

The first selection criterion for shoulder holsters is comfort, because for well over a century, that has been the end user's biggest complaint. Narrow straps can cut cruelly into the shoulders, and will do so more in proportion to how heavy the gun and accessories suspended from those straps might be. Wide, soft harnesses that distribute the weight are critical here.

All leather (or all plastic) straps that can't stretch as you move your arms or bend your torso will not only be uncomfortable, but will tend to limit your range of movement. This is why judicious use of elastic in the harness can make or break the comfort and practicality factors. The all-elastic off-side shoulder strap of the classic Bianchi X15,

and elastic around the centerpoint of the harness on Mitch Rosen's Stylemaster holster, are reasons both designs were successful. Galco's use of strategically placed swivels in one of its harness designs was another approach to achieving the same objective.

If you're going to be wearing the shoulder rig for more than a few hours, you don't want one whose harness crosses the back of the neck. The pressure it applies will quickly cause fatigue, and could probably exacerbate existing neck injuries. A harness that describes a figure 8 turned on its side will generally be more comfortable for that reason, all other design factors being equal. This design is sometimes called "H-type," because if the holster and other gear are removed from the harness and the harness is laid out sideways, it may resemble a capital letter "H." Some others will resemble an "X".

As to gun carry position, shoulder holsters intended for concealment use will actually break down into about four types. Terminology differs from manufacturer to manufacturer.



Note orientation of muzzle of upside-down shoulder holster: subclavian artery and other vital parts are in line of the muzzle. With these, author recommends draw begin with this Kerry Najiola block, elbow high, clearing brachial artery out of the way and giving head good protection against physical blows and contact weapons. Draw is otherwise the same as with horizontal shoulder holster.



Master concealment holster designer Chic Gaylord observed that an advantage of horizontal shoulder holster is that it carries the gun already pointed at mugger or rapist who jumps you from behind. Unfortunately, it will also be pointed at *anyone else* standing behind you, and is probably the most antagonistic holster with which to practice open carry.

What I'll call here **butt up vertical carry** is the oldest configuration. The gun muzzle is pointed straight down to the ground, and the gun butt projects forward from under the armpit of the non-dominant arm. These go back to the 19th Century. The early ones were simple pouches, from which the revolver had to be lifted up and out. Later came spring-loaded designs such as the classic Heiser, which allowed the gun to be pulled down and out through the front of the rig. These were the sort worn by Eliot Ness, and accurately depicted on actor Robert Stack, who played him in the classic television series *The Untouchables*. A more effective version, the Hardy/Cooper, was named after famed gun expert Jeff Cooper, who designed it and preferred it in the 50s and part of the 60s.

Shoulder rigs of this style are still manufactured, by companies including A.E. Nelson, Bianchi, Galco, and others. They usually work best when anchored to the belt, with a leather or fabric strap that is provided for that purpose. Otherwise, the holster wants to come along with the gun when you tug it forward. With a short handgun, such as a snub-nose revolver, the belt-strap anchor doesn't seem to be needed.

These are your best bets for concealing large frame, longer barreled guns. Some books on holsters, and even some manufacturers' instructions, suggest drawing from these by ripping the handgun down through the entire open front of the spring-mouthed holster. You can do this, but the gun ends up down at belly or midriff level,

instead of up in line of sight where you can see where it's pointing. This sort of draw also requires the concealing garment to be open in front.

A faster, more efficient, and more useful draw is to grasp the butt firmly, rock the butt forward until the area of the rear sight is clear of the leather, and then simply pull up and out, bringing the gun across the chest. This also allows you to draw from this type of shoulder rig while wearing heavy cold weather coats. Simply leave the area at the sternum unbuttoned or unzipped. So you don't suffer pneumonia in exchange for faster draw, make sure your overcoat is cut so that the upper front will remain in position, blocking wind, even if it is unbuttoned.

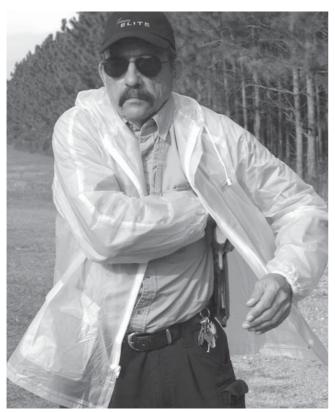
Butt down vertical carry, sometimes called "upside down carry," came along circa 1930 with the Berns-Martin Lightning holster. Riding high in the armpit, it was designed for snub-nose revolvers, though I've seen them used over the years with up to four-inch barrel guns. Hugging the gun high and tight to the armpit, it proved very concealable. A rip to the front pulled the gun through the strong springs that held its split front closed, and this brought the gun naturally upward toward line of sight. It tended to work best with an open-front garment, such as an unbuttoned sport jacket.

Because the butt is toward the rear in this type of carry, the hand has farther to reach to take a drawing grasp than with any other angle of shoulder holster. A guy with a big chest and thick arms may have to catch the gun's "handle" with the middle finger, the longest digit on his hand, and pull it forward before he can complete the drawing grasp with the rest of his fingers. Another liability with this design is that the muzzle is pointed straight up toward the armpit. There are stories of guys dying when they accidentally triggered their gun while reholstering, and put a bullet through their own subclavian artery. (There is no outside pressure point for first aid hemorrhage control of a severed subclavian.)

Horizontal carry was first proven to work in the 1950s by the great concealment holster designer of that generation, Chic Gaylord in New York City, whose spirit is carried on in holsters manufactured today by Bell Charter Oak. Gaylord wrote circa 1960 that horizontal was simply the fastest of the shoulder holsters. All these years later, I have to agree with him.

As the name implies, a horizontal shoulder holster carries the gun with the butt forward and down and the barrel parallel to the ground. Good news: it's no longer pointing at your hip as in butt-up vertical carry or at your own armpit as in butt-down vertical carry. Bad news: it is now pointed at anyone standing directly behind you. (Gaylord felt this was a good thing, since if the mugger was directly behind you with a forearm across your throat, your gun was already pointed at his chest and all you had to do was pull the trigger and fire through the back of your coat. This theory will be lost on those standing behind you in a police squadroom with your gun muzzle pointed at their chests.)

This rig is fast because of all shoulder holster designs, it puts the grip-frame the closest to your reaching hand. Even if you have giant pecs and biceps, if you can scratch



WE DON'T DO IT THIS WAY ANYMORE!! This is the old-fashioned draw that got shoulder holsters banned from police academies and action shooting matches. Shooter starts facing target squarely...



 \dots and, pausing only to slow himself down with extra movement, shooter rips gun down and out. He is now muzzle-crossing range officer behind him. This requires open front garment, and \dots



...swinging horizontally to his target – and having just muzzle-swept anyone to his left on the range – the shooter must now slow down at the worst possible time, or risk over-swinging past his target...



 \dots and ends up in a cowboy-looking posture where he can't see where his gun is pointed. Did we mention that WE DON'T DO IT THIS WAY ANYMORE!?!?

your armpit you can make a quick draw from a horizontal shoulder holster. As the gun is presented, its muzzle swings neither up nor down: it's already at chest height, and all you have to do is get it 180 degrees from where it rests to where you need it pointed. It comes out and on target with the least possible movement.

One downside is that it wants a fairly small gun. I suppose there are body builders out there who can carry Colt Government Models in this fashion and conceal them. There may also be sumos who can carry even

longer guns. I'm not a big guy, though, and for me a baby Glock autoloader or a 2- to 2 1/2-inch barrel revolver are about the max I can conceal before the gun muzzle starts tenting out the back of my jacket under the armpit. How big a gun you can carry in a horizontal shoulder holster will be determined directly by how deep your chest is.

45 degree butt down carry was popularized by Richard Gallagher with the previously mentioned Jackass Shoulder System, which started the Galco holster empire. Some makers offer tie-down straps that secure on a belt. This feature keeps the gun and gear from slapping against your ribs if you have to run (and believe me, that can whale on your rib cage when it happens), but it also seems to restrict range of movement a little, as it does when a butt-up vertical carry shoulder rig is secured the same way. It's up to the end-user. Most people who like this type of holster, I've noticed, don't use tie downs.

Good news: this is another shoulder holster style that generally won't have the gun muzzle pointed at some part of the wearer's body. Bad news: when the coat is off, it will now be pointing at the faces of colleagues behind you, instead of at their chests. Back in the '70s, when Dominic Napolitano was doing police sales for Heckler and Koch, he and I went on a deer hunting trip with some guys from the SLED (South Carolina Law Enforcement Division) near Edgefield. SLED SWAT used all HK guns at that time, and that was the plan for the hunt as well. Dominic and I wanted to take our Bambis with handguns, so we each had an HK P9S, Dom's in 9mm and mine in 45 ACP. Each of us was carrying our pistol in one of Gallagher's shoulder systems. It was a

warm day, punctuated by a noon barbecue, and our concealing garments were off. More than one of the locals took umbrage at looking down the muzzles of our pistols when they stood in the food line behind us. I wound up parking the shoulder rig with my gear and stuffing the 45 into my waistband "Mexican style" for the rest of the lunch.

Final Thoughts on Shoulder Holsters

For a handful of people, the shoulder holster is The Answer for constant, daily wear of a concealed handgun. For some, it's just not in the cards. X- number of folks just think it's too "Hollywood." For

When you're working a dangerous job, a second full-size fighting handgun can be a comforting thing.

most who get into concealed carry, though, there's at least one shoulder rig in the holster wardrobe, and I for one think that's a good thing.

For a majority of concealed carriers, there will be certain times when this thing just comes into its own. The back problem I mentioned, or the leg injury that has me at the moment writing this with a laptop literally in my lap, and my right leg elevated in a recliner chair. The chair's design makes it awkward for me to get at my usual hip holster. A Rosen Stylemaster double rig, perfectly balanced

with a baby Glock under each armpit, keeps everything out of the way and has come in as handy as the cane.

Shoulder holsters do present safety problems that the wearer must deal with conscientiously. Because of the potential for the gun to cross the shooter's own weak side arm, and the whole body of the shooter next to him on the firing line when he draws, absolutely *scrupulous* care must be taken not to let the finger or anything else touch the trigger until you are in the very act of intentionally firing the weapon. On the range, turn your back to the target before you reholster, so the muzzle never goes uprange or points at anyone on either side of you.

One little-recognized downside of the shoulder rig is that it may be inaccessible to you if your opponent has you in a chest-crushing bearhug. If the attack comes straight on, you'll be front-to-front with the assailant, and your gun hand's reach to the weapon beneath the opposite armpit may be blocked. Access by the support hand will probably also be blocked, at least to some degree. Ed Lovette tells the following story in the pages of his excellent book from Paladin Press, *The Snubby Revolver* (second edition).

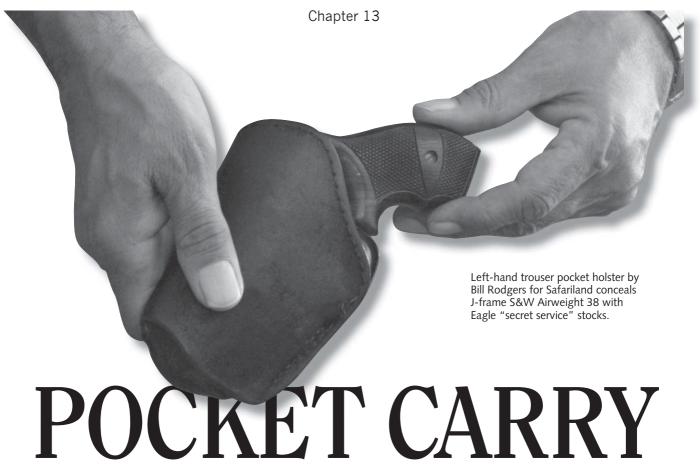
"Jim, a detective buddy of mine, and his partner go into a trailer home to serve a warrant. At the knock, the suspect opens his door and permits them to enter. But as soon as they step into the trailer a fight breaks out, and my friend reaches for his handgun – a Colt 45 Gold Cup that he carries in a shoulder holster. As his hand wraps around the butt of the weapon, the bad guy grabs him in a bear hug, effectively trapping the 45 and Jim's hand between their bodies. (Jim tells me later that his left hand is free.

Had he had a snubby in his pants pocket he could have easily gotten it into action.) Fortunately, Jim's partner pulls her trusty Colt Diamondback – the 38 Special version with the 2.5-inch barrel, certainly one of the handsomest and most accurate snubbies ever – and restores order to the fracas," Brother Lovette concludes.

The photo sequences in this book show safe draws from all four angles of shoulder holster carry. Burn them into your program. Safety is one reason that some police departments – and most shooting academies – *forbid* shoulder holsters.

All that said, shoulder holsters do have a place. And that place goes far beyond Hollywood.

For a handful of people, the shoulder holster is The Answer for constant, daily wear of a concealed handgun.



In all kinds of weather, pocket carry makes sense. For many, it's the ideal answer.

eople have been carrying guns in their pockets ever since firearms became small enough to fit there. Wild Bill Hickok carried one or more derringers in his pockets to back up his famous pair of 36-caliber cap 'n ball Navy Colts. Wyatt Earp testified under oath in re the deaths of Frank McLaury, William Clanton, and Thomas McLaury that he began the OK Corral shootout with his hand on the butt of a Colt Single Action Army 45 revolver in the pocket of his overcoat. Colt's in-house gun shark J.H. Fitzgerald made up a pair of heavy frame New Service 45 revolvers with stubbed barrels, and wore a pair of them in leather-lined side pockets in his trousers. He made up one of those guns for Col. Rex Applegate, who packed one in a hip pocket when he bodyguarded Franklin D. Roosevelt. Legendary Border Patrol gunslick Bill Jordan was partial to a bobbed-hammer Smith & Wesson Model 37 Airweight Chief Special 38 in a hip pocket for backup and sometimes off-duty wear. On duty or off, famed NYPD Stakeout Squad gunfighter Jim Cirillo carried a hammershrouded 38 Colt Cobra snubby in a trouser pocket.

Today, in the 21st Century, we don't have the baggy pants of the Depression Years that allowed "Fitz" to carry a big-frame 45 in each pocket. But, thanks to the caprices of the fashion world, we have billowy Dockers-style trousers and

BDUs. We have light, powerful handguns only dreamt of in Fitzgerald's time. And, perhaps most important, we have the finest pocket holsters that have ever existed.

The Pocket Itself

In the olden days, the pocket *was* the holster. The history of the Old West tells us that Luke Short carried his Colt Thunderer double-action 41 in a leather-lined hip pocket, and used that combination to outdraw and kill a gunman deemed much more dangerous than he, "Long-Haired Jim" Courtright. Famed lawman Dallas Stoudenmire carried a pair of short-barrel Smith & Wesson single action, top-break 44s in special pants, whose hip pockets he had likewise had lined with leather by an obliging tailor.

Today, the leather-lined pocket has gone the way of the dodo bird. However, reinforced pockets designed expressly for handguns remain. A company called Betz started the trend to jackets with hidden, built-in holsters. A Betz coat can carry a full-size service auto inside next to the breast. It's drawn in a fashion similar to what you'd use with a shoulder holster. The Royal Robbins 5.11 Tactical vest has built-in gun pockets of similar style. Our nation's largest sheriff's department, comprised of several thousand uniformed deputies, orders all their uniform jackets with



Author's preference is a lightweight J-frame 38 in front trouser pocket on non-dominant hand side, for backup, so either hand can access a weapon.

a special inside pocket of this kind, cut for the J-frame S&W snub-nose 38 most of their sworn personnel carry for backup. Concealed Carry Clothiers has reinforced side pockets for small handguns in their line of vests made especially for CCW carriers.

Nor have pants pockets been neglected. For decades, the troopers of a certain state have been issued two handguns, one full size and one small. The full-size gun, of course, went in a uniform belt holster. The smaller was carried in a side trouser pocket: mandatory, no exceptions. The pants were ordered with one reinforced pocket from the uniform manufacturer. Over the years, many a trooper in that state was saved by this little pants pocket hideout. Sometimes, it happened when someone got the primary gun away and the trooper had to resort to "Plan B." Sometimes, it was just easier to approach a stopped car with the hand inconspicuously in the pocket and wrapped around the little 38. When danger threatened, this made for a lightning fast draw and return of fire. Over the years that department went from the 38 Special as a primary service revolver, to the 357 Magnum, to the 9mm auto, to their currently issued 40-caliber service automatic. The backup has stayed pretty much the same: a small-frame Smith & Wesson revolver with short barrel. The current issue is the Model 640-1

"hammerless" 357 Magnum, loaded with +P+ Hydra-Shok 38 Special ammunition.

"Civilians" have not been neglected. Blackie Collins created special jeans for pistol-packers, appropriately called Toters. Both hip pockets and both side pockets are specially reinforced for carrying handguns. Since this is the very same Blackie Collins who first became famous as a knife designer, there's also a special quick-access pocket for a tactical folder.

Pocket Holsters

Even by the time of the Old West gunfighters, it had become apparent that regular pockets by themselves weren't enough to sustain the carrying of a defensive handgun. The pistol's weight, and sometimes its sharp edges, would tear through pocket linings. A small handgun could change its orientation due to body movement through the day, and perhaps turn upside down in the pocket. The shape of the gun was likely to "print" through the fabric, betraying the "concealed" element of concealed carry.

The first pocket holsters were simply leather squares or rectangles with gun pouches sewn on, sometimes crudely. In modern times, the art and design of the

pocket holster have been refined dramatically. In addition to leather, we now see them crafted of Kydex, nylon, and assorted other synthetics. Greg Kramer popularized a leather model with a flat Kydex square on the outside, which broke up the outline of the gun. With tight pants, someone might be able to see that you had something in your pocket, but they wouldn't be able to tell that it was a firearm.

There are numerous fine pocket holsters available today. Manufacturers of same include Jerry Ahern, Lou Alessi, Gene DeSantis, Galco, Greg Kramer, Ky-Tac, Mach-2, Bob Mika, Milt Sparks, Mitch Rosen, Thad Rybka, Safariland, Uncle Mike's, and more. I've used most of the above, with good success.

Personal favorites, for my own specific needs, have come down to three. With a snub-nose J-frame revolver, I've had the best luck with the Safariland. Designed by Bill Rogers, it's made of synthetic Porvair on the inside and *faux* suede on the outside. The outer surface makes it stick to the pocket lining and yield the gun instead of coming out with it, no matter what the angle of draw; the smooth Porvair on the inside reduces friction and speeds the draw. Unfortunately, it seems to be made *only* for J-frame snubs at this writing. (Seems to wear hell out of the gun's finish, too.)

For the baby Glock, I use either the Mach-2 or the Ky-Tac. Both are made of Kydex and are so close in design and function that they're hard to tell apart. An almost curlicue flange at the top catches the upper edge of the pocket as you clear the square-shaped auto pistol, and a similar protrusion at the rear of the holster catches the bottom edge if you prefer to draw horizontally out of the pocket.

For most anything else – for instance, the neat little Kahr PM9 polymer-framed 9mm, a favorite pocket auto, or the 380 size Colt Pocket Nine – I prefer Greg Kramer's classic pocket rig. Mike Dillon, who makes a point of putting only the best of everything in his Blue Press catalog, lists the Kramer pocket holster in those pages. It's a hell of an endorsement, and when you work with a Kramer pocket rig, an understandable one.

Drawing From the Pocket

Starting with your hands well away from the gun, you'll probably find drawing from the pocket faster than from, say, an ankle holster, but it'll never be as fast as getting it out of a good hip scabbard. The reason is, your hand is surrounded (and, in tight clothing, distinctly hampered) by fabric as it makes its way to the gun.



Author's preferred pocket draw technique. "Spear hand" finger configuration slides hand rapidly into pocket...

The hand needs to be flat as it enters the pocket. Fingers should be stiff and straight, in the configuration of a martial artist's "spear hand."

Once the hand is in the pocket, middle finger and ring finger (and little finger, if the grip frame is long enough) wrap around the stocks. Keep the trigger finger stiff and straight. If the gun snags on the draw and the finger is on the trigger, there's a good chance you'll shoot yourself in the leg. The finger shouldn't enter the trigger guard until the gun is not only up and out, but on target, and not until you have made the decision to fire the weapon.

Don't let the trigger finger press tightly against the pocket holster. If you do, it will come out with the gun, rendering you unable to shoot.

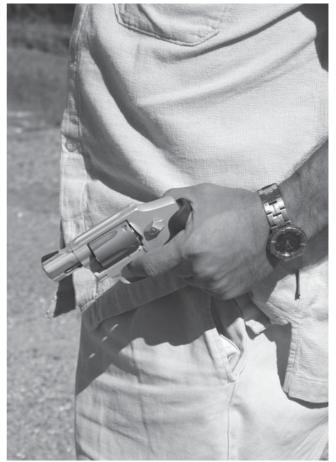
With a revolver, put the thumb on the hammer or where a hammer would be. First, if you have a spur-hammer revolver, the thumb will now act as a hammer shroud and keep it from snagging on the draw. Second, and for many most important, this streamlines the shape of the drawing hand, which is why you should do it even if your revolver's



...to allow for tight pockets and spurred hammers, thumb takes this position. It dramatically reduces hand's thickness profile, thus reducing chances of a snag. It also turns the thumb into a hammer shroud for conventional-hammer revolvers...



...as S&W Model 342 with LaserGrips emerges, note that trigger finger is still straight on frame, completely clear of trigger and trigger guard ...



...and as gun clears the holster and begins to rock up toward threat, finger only now enters trigger guard, and *then only* if purpose of draw is to immediately fire instead of taking threat at gunpoint.

hammer is bobbed or shrouded.

A simple exercise you can do right now, even if you're reading this in an office or airport, will show you why. Put your empty hand in your side trouser pocket. Make a fist. Now try to pull the fist out. Did it snag? Well, guess what: this is the configuration your hand will be in if the thumb is curled down around a handgun's grips, and it's going to snag then, too. Now, put the hand in the pocket again. Make a fist if you want, but put the thumb up as if it was on a revolver's hammer. Do the draw again. Snaked right out of the pocket, didn't it? OK – you've got it.

This is one reason revolvers seem to be so much faster than autos when drawing from a pocket. To get the thumb up on the hammer area or the back of the slide, which is

much farther back on an auto pistol than on a revolver, you have to compromise your grasp on the handgun.

You may have to tailor your draw to the type of holster you're using. If it was designed to rock to the back to escape the pocket, with the holster catching on the bottom edge of the pocket opening, you'll have to master a draw which brings the handgun out in that direction. If its "catch flange" is at the front of

You may have to tailor your draw to the type of holster you're using.

the holster, it wants to catch at the top edge of the pocket. This means you draw the gun straight upward until it is well out of the pocket, then perform the same rock and lock movement you would when drawing from a hip scabbard. That is, rock the muzzle upward and lock it on the target in front of you as you bring the gun up into firing position. It's now on target if you have to fire sooner than you wanted to because the threat is closing in on you rapidly.

Most of us use the side trouser pocket for handgun carry. It's fast and secure. In the hip pocket, a gun can be uncomfortable when you sit down and is more likely to be pushed out of the pocket by pressure against the surface on which you sit. Still, some shooters prefer that location.

My friend Jim Jacobe, the ace firearms instructor from Oregon, found that the hip pocket better suited his personal range of movement. Finding no commercial pocket holster that would work from that location instead of the side pants pocket, he had a leather shop make one up to his specifications. The supple leather of that custom holster holds his S&W Model 442 very comfortably, and he's lightning fast with it.



Three of the best pants pocket holsters, in the author's opinion. Left, Ky-Tac ambidextrous with Glock 27 40. Center, right-hand Greg Kramer with 357 Glock 33. Right, left-hand Safariland pocket holster with Eagle-gripped S&W Model 442.

The Weasel in Your Pocket

Jeff Cooper and Ray Chapman taught pistolcraft. They are both big, strong men. I'm little and weak, so I concentrate on weaselcraft. In a world where action beats reaction, and where the bad guy gets to be the actor and you and I get stuck having to react, I want all the little tricks of the trade on our side that I can get.

As noted early on, getting into your pocket and withdrawing your gun can take longer than drawing from a conventional hip holster. However, when the gun is in your pocket and danger threatens, nothing says you have to start with your hands clear of your body in an IPSC "ready" position. A hand on your hip-holstered firearm might be tactically unsound, but you can slip a hand into your pocket and look perfectly casual.

The gun is now in your hand. That changes everything.

There are two basic steps to drawing a gun, access and presentation. Access is getting your hand wrapped around the blaster. That's the tough part, the fine motor skill part. Presentation is simply ripping it out of the holster and bringing it on target. That's raw gross motor skill, which is a whole lot easier – and a whole lot faster.

Back in the 2002 *Complete Book of Handguns* from Harris publications, (still available from Police Bookshelf, 800-624-9049, www.ayoob.com) I set out to test this method for speed. I began with my non-dominant left hand in my side trouser pocket, wrapped around the Crimson Trace LaserGrips of my Smith & Wesson Model 442 Airweight. I was standing as I would on patrol beside a stopped sedan, with the target in about the same position and at about the same distance as a seated driver. When the PACT timer went off, I drew and fired "from the hip," the time stopping when the 38 Special round blasted into the silhouette. Five runs took 0.76, 0.62, 0.66, 0.65, and 0.54 seconds, which averaged to 0.65 of one second. That included reaction time, which for

me on that day averaged 0.21 of one second. This means that the actual draw and fire time alone averaged 0.44 of a second.

In other words, the simple weasel trick of sneaking my hand onto the pocketed 38 before hand had given me sub-half-second draw and fire capability.

Firing Through the Pocket

For the same article, which was titled "The Savvy Fast Draw," I was able to enhance react-and-fire speed still more by using an old street trick. The same revolver was in the hand inside a jacket pocket, and already pointed at the target, which was just barely within punching distance. On the signal, the 38 was simply fired through the coat pocket.

The times recorded for five runs were 0.50, 0.46, 0.48, 0.54, and 0.49 seconds. Average time rounded off to 0.49 of one second. Taking out reaction time, the actual shooting was taking only a quarter of a second, the time it took to get the index finger off the frame and onto the trigger.

Obviously, you want to practice with a jacket that you don't plan to wear any more, since the muzzle blast will tear it apart on the first shot. Most of your practice, just for the sake of practicality, will have to be dry fire. Still, you want to do it live fire a few times to be sure that you're on target, since this is point shooting in the truest sense, with no visual index of gun on target possible. It's strictly a close range (as in, within arm's reach) proposition.

Take particular care if you are heavy through the midriff, since barrel cylinder gap gas blast from a revolver can cut through fabric and injure a protruding abdomen. It goes without saying that this technique should not be practiced live fire by pregnant women. If the garment in question is an anorak or heavy winter sweatshirt with a pocket that goes across the belly, make sure that there is enough room to get the gun muzzle pointed straight away from you before firing.

Conventional wisdom tells us that a revolver is the way to go for shooting through a pocket, since pocket lining can snag the slide or block an ejecting casing, jamming the pistol. It is also possible for a revolver with an unshrouded hammer to snag, even if the hammer spur has been bobbed off. A fold of clothing can get caught between the hammer face and the frame, causing a misfire and even jamming the wheelgun enough to prevent another shot.

Now, I hasten to add that we tried this recently at Lethal Force Institute's new CQB (Close Quarter Battle) class, at the Firearms Academy of Seattle range in Onalaska, Washinton. Three of the participants used autos for firing through coat pockets. The guns represented were the Kel-Tec P32 and the North American Arms Guardian. All three specimens went five shots for five tries without a malfunction. The shooters did notice that it was distracting to have trapped, hot casings burning their hands and wrists inside the pockets.

Do fifteen shots without a malfunction mean that it's a good idea to try to shoot an auto pistol through a

coat pocket? No! Damon Runyan is credited with saving, "The race is not always to the swift, nor the battle always to the strong... but that's still the way you should bet." Something similar is going on here. The auto pistol may not always foul and jam after firing through clothing...but that's still the way you should bet. Consider the shooting through pockets thing to be the province of the shrouded-hammer revolver, a'la the Smith & Wesson Bodyguard or Centennial.

I've heard folks talk about clothing catching fire if a gun is fired through coat pockets. I suppose it could happen with old blackpowder guns. With modern smokeless powder ammunition, I've run students through livefire shoot-through-pocket drills and done it a good bit myself. While you can feel a flash of heat when the gun goes off, I've never yet seen a garment catch fire. I suppose, however, that there might be some particularly flammable coat fabric out there that could prove me wrong. (Please don't try this after spilling gasoline on yourself at the service

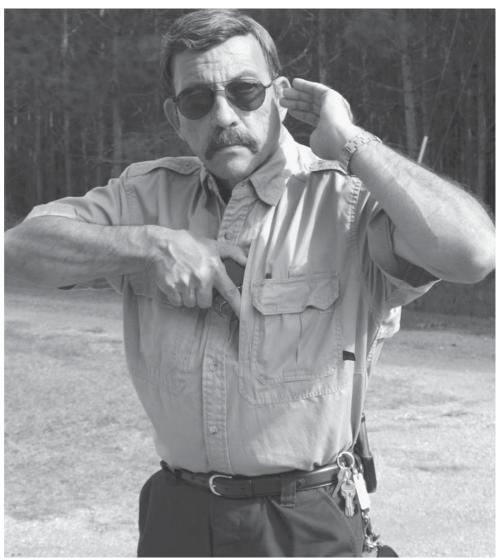
station pump...)

Finally, remember to shoot through only the pockets of outer garments like coats, and remember that the garment needs to fit loosely for this to work. Trying to shoot through a pants pocket, or through the pocket of a tightly fitting jacket, can lead to you shooting yourself instead of the bad guy.

Summary

Pocket carry has been proven effective since handguns became small enough to fit into pockets. For the most part, you want the gun to be in a pocket holster. Practice regularly. Remember that firing through the pocket is a special purpose emergency tactic; as a rule, you'll want to draw and visually index the weapon on target before firing. Always carry a gun that cannot go off when dropped. Guns have been known to fall out of pockets, and pants or jackets with guns still in them have been known to be taken off and tossed, landing on a hard surface.

With common sense and careful practice, a compact handgun in the pocket can be a life-saver.



Breast pocket draw, using hidden gun/wallet pocket behind breast pocket of Woolrich Elite shirt designed by Fernando Coelho, now CEO of EoTac tactical apparel. Movement pattern is like drawing from a shoulder holster; thumb is on hammer area for reasons stated elsewhere.



had the privilege of knowing the late George C. Nonte, Jr. The man knew his guns, and he had broad connections with others in the industry and in the field who knew their guns, and he funneled that knowledge into his work. In his last book – *Revolver Guide*, published posthumously by Stoeger – George told the following tale that highlights the wisdom of carrying a spare gun south of one's body's own middle border.

"Many uniformed officers consider a belly gun as much a part of their equipment as a nightstick or cuffs. And, if the truth be known, the belly gun is not always employed in the singular. An example of the plural might well be a Texas Ranger known to me, who got just a wee bit careless or unlucky one day when entering a building after a felon. Somehow the black-hat got the drop on him and relieved him of his main six-gun. Eventually an opportunity presented itself, and the Ranger whipped out his belly gun and ventilated his unfriendly assailant.

"Later he was asked somewhat jokingly, 'What would you have done if he had found your hideout gun, too?' His response was not entirely unexpected, but might be just a slight shock to those who've never had to depend upon a gun for their lives – 'Well,' he said, 'I'd probably have shot him with this one,' and slipped yet another two-inch 38 out of his boot top."

There's a lot of lore and wisdom in those couple of short paragraphs by the late Brother Nonte. Note that the boot top was the Ranger's choice for his snub-nose 38. It is safe to assume that horsemen prepared for trouble have been stuffing handguns down in their boot tops since the time of the earliest match-lock pistols. The spot was *there...* it was handy to a man astride a horse...and it kept belt space free for more equipment, including another handgun.

Why are ankle holsters popular today, when we're more likely to ride the family automobile (or a Police Interceptor) than something with hooves? For much the same reasons. The spot is *there...*it's handy to a seated individual...and it keeps belt space free for more equipment, including another handgun.

The rise of the ankle holster can be tracked through the history of 19th, 20th, and 21st Century America. 1934: Eugene Cunningham saw publication of his book *Triggernometry*, a study of the guns, gear, and gunfighters of the Old West. He noted that despite the movie image of big six-shooters swinging openly on hips, many Western towns prohibited the carrying of guns, and a man who wanted to be armed needed deep concealment. Said Cunningham, "The hideouts were various. A man rammed his six-gun into the leg of his boot – just in case something came up, in which he'd want to gain what was lost in the deal by what he could do

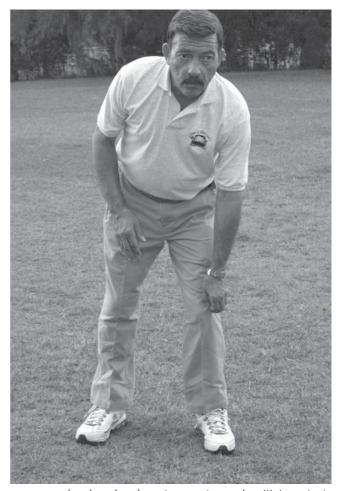


Here's author's namesake method of drawing from ankle holster while standing...

on the draw."

1960: In his classic book *Handgunner's Guide*, Chic Gaylord wrote, "To be effective, the undercover holster should carry the gun in a position on the body that cannot be detected by the 'bump frisk' often employed by hoodlums or their girl fiends. Shoulder holsters and belt holsters are too easily detected by a few pseudo-amorous passes. The holster's position should also enable its wearer to reach the gun with reasonable speed."

Added Gaylord, "The best of all undercover holsters is the ankle holster. Guns the size of the Chief Special or the Detective Special are easily and effectively hidden in this manner. It is an extremely comfortable holster even after as much as eighteen straight hours of wear. You can draw a gun from this rig while seated in a car or in a tavern far faster than from any other type of holster. When seated at a table, the gun can be drawn and held at ready with no one the wiser in case of impending danger. Its ready accessibility counts heavily when you are wearing an overcoat; and when standing you can draw it nearly as fast as from a belt holster. Many a New York City police officer uses this rig while on duty in uniform. When jumped by a mob of hoodlums and knocked to the ground, he can draw his gun faster than from a belt holster. One of the advantages of this holster is that the officer can wear jeans and a skivvy shirt without



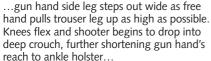
 \dots non-gun hand reaches down to grasp trouser leg. It's important to grasp ABOVE the knee \dots

fear of being 'made.'"

1986: In the second edition of *Blue Steel and Gunleather* by John Bianchi, it is observed that ankle holsters "have grown enormously in demand in recent years. Many off-duty police carry a gun under the trouser leg, usually a small-frame, hideout piece. The handgun is well concealed in the lower body extremities, but it is not readily accessible, even from a seated position. Practice in drawing the gun with this system improves the efficiency for the draw and fire. It is recommended primarily as a second gun carry for both uniform and plainclothes situations."

At this writing, ankle holsters remain popular...and the guns carried there have gotten bigger. I can think at the moment of two state patrols who issue their troopers "baby Glock" pistols with ankle holsters, and expect them to be carried daily as backup when in uniform. One such agency issues the troopers Glock 39 pistols in caliber 45 GAP, to back up the full-size Glock 37 pistols in the same caliber that ride in their uniform holsters. That agency's issue backup holster is currently an ankle rig with thumb-break retainer by Gould & Goodrich. The other agency had been issuing 380 automatics with ankle holsters for years, but was not happy with their reliability. The department adopted Glock 27 pistols, caliber 40 S&W, and issued them with ankle rigs, the brand of which escapes me at the moment. The little







...gun hand contacts pistol, thumb breaking safety strap of Gould & Goodrich ankle rig...



...and draw of 40-caliber Glock 27 is underway. Support hand's initial task is done...

40 Glocks worked out so well that when that department's heavy 10mm Smith & Wesson service pistols were due to be replaced, the department traded them in on Glock 35 pistols with 5.3-inch barrels. The latter guns' 15-round 40 magazines will work in the G27 subcompact model, just as the full-length magazines of a G37 will work in the chopped and channeled version, the G39. In either case, a trooper whose primary Glock is snatched, inaccessible, or shot out of his hand still has another Glock in the same caliber, and two spare magazines on his duty belt, with which to continue the fight.

One reason for the rising popularity of the ankle holster can be summed up in a single word: Velcro. When I was a kid, ankle holsters were available but uncommon. One company, Legace, made one with little straps and buckles. If your ankle diameter wasn't *exactly* right for one tongue and loop combination of that set-up – and if it was uncomfortable for you to put it on one notch loose and pad the inner circumference by wearing an extra sock – it just wasn't going to work for you. Too tight restricted circulation unmercifully, and too loose was almost as painful, with the chafing that occurred as the sloppy-fitting rig bounced all over the place with every step you took, not to mention problems with concealment.

I recall seeing one ankle holster of the period - I forget the brand - that secured with lacings and grommets, like a shoe. Trouble with that was the same as with shoelaces: they could become untied. There was also the problem of a lace dangling below a trouser cuff giving away the hidden holster.

Velcro changed all that. It allowed the holster to be adjusted for pretty much perfect fit. Along about the '70s. a lot of thought went into a rig called the Milwaukee Legster. Velcro secured the regular ankle rig in the usual location, but a strap ran up from it to another Velcro'd strap that encircled the leg between the knee and the calf muscle. This gave a suspension effect that helped hold the rig in place to keep it from shifting around.

That feature was widely copied. It turned out that end users loved or hated the calf strap, with no middle ground at all. The reason, I discovered, was anatomical. The guys who liked them worked out and ran a lot, or were naturally muscular, and had bulging calves. This allowed them to secure the upper strap comfortably, without fear of it slipping down, and without having to wrap it so tightly that it interfered with circulation.

I was in the other camp. With scrawny bird-like legs, the upper strap would work its way down over the calf by the



...and shooter can now fire one-handed for all expedient speed...



... or remain in low cover crouch with two-hand grasp...



... or, if time permits and no low cover is available anyway, rise to preferred two-hand shooting stance.

end of the day and start bunching down around the ankle if I didn't pull it up, like an old man whose garters were slipping. If I secured the upper strap tightly enough to keep that from happening, it was *so* tight, I soon felt my lower leg "going to sleep." Ankle holsters are *extremely* "individual needs intensive."

As you read the comments on ankle rigs by four masters of the topic who cover multiple generations – Cunningham, Gaylord, Nonte, and Bianchi – notice some advice they have in common. Cunningham and Gaylord make it clear that the only time it's a good idea to carry the primary gun here is when, for reasons of a tactical or lifestyle nature, you *can't* carry your primary handgun in a more accessible place. Note that Nonte and Bianchi emphasize its use for *backup* as opposed to primary handguns. Hmmm...a consensus emerges: it is not a great idea to carry the only gun you have, strapped to what is probably the part of your body that is farthest from your gun hand.

The Rationale of the Ankle Holster

Gaylord's passage above typifies why his one and only book was like pemmican: thin, but meaty and full of nutrients. In those short paragraphs, Gaylord explained the ankle rig's many advantages. It's *great* for accessibility when

seated, as he noted, and more important in our time than in Gaylord's because of mandatory seatbelt laws. A person strapped into a car seat will often have difficulty reaching a handgun in the usual location, the strong-side hip area.

When you are down on your back, with a bad guy on top of you, your body weight is no longer pressing down on the legs, and your balance is no longer dependent on having two feet solidly on the ground. Your back is bearing your weight, and now it's a piece of cake to snap your foot toward your hand and your hand toward your ankle, making for an *extremely* fast ankle holster draw.

Many years ago, I wrote an article for *Combat Handguns* magazine that extolled the virtues of the ankle holster for backup carry. It included cases like the officer in the Miami area who was caught off-guard by two vicious armed robbers who disarmed him of his duty weapon at gunpoint. They ordered him to his knees and prepared to execute him. Stalling for time, he begged, "Wait! Let me pray first." The two thugs looked at each other and laughed mockingly.

The cop had the last laugh, though. As they turned to look at each other to mock what they thought was a helpless victim, the kneeling cop reached back to his ankle and came up with a blazing Smith & Wesson Model 60. He wiped the laughter off with a 38 Special hollowpoint fired



Ankle holster is ideal for seated practitioner, as here in driver's seat.

into each of their sneering faces.

That story and others like it apparently resonated with some of the readers. Several folks got back to me to say the article had convinced them to carry ankle guns for backup.

And two of those folks told me it had saved their lives.

One was a cop down south. He had noticed that the department issue gun/holster combination, a Smith & Wesson Model 686 in a Safariland Level III retention holster, did not allow him to draw when he was seat-belted behind the steering wheel of his cruiser. The rearward rock required to clear that particular piece of leather could not be accomplished, because the butt of his service revolver was already pressed against the rear of the seat. After reading the article, he went out and bought an ankle rig and a Colt Agent lightweight 38 Special revolver with two-inch barrel.

He got into the habit of dropping his hand to his inside lower leg and taking a drawing grasp when any stranger approached his patrol car to talk to him through the driver's window. None ever spotted the casually dropped arm, or his ready-to-draw status.

The night came when a furtive-looking man in an overcoat incongruous with the warm weather approached his parked cruiser at a rapid pace. The officer put his hand on the ankle rig. He was starting to say "Can I help you?" when the man swept the coat open and swung up a sawed-off bolt-action shotgun.

The cop's alertness had saved him. He saw it coming and he jerked his head back, almost out of the line of fire. As the sawed-off shotgun (a .410 and not a 12 gauge, thank God) went off in his face, he had pulled his head back enough to save the eyes and the brain, but the blast shattered his jaw,

blew away several teeth, and badly lacerated his tongue. Reflexively, he jerked the 38 from the ankle holster at the same time.

The would-be cop-killer tried to bolt another shell into the chamber to finish the job.

He never made it. The cop's backup Colt was barking now, and five of the six hollowpoints he fired buried themselves into the attacker's body. The attempted murderer went down for the count before he could fire again.

The officer lost some of his sense of smell and taste, and some hearing on the left side. His face was scarred, but plastic surgery reconstructed his jaw. Last I knew, he was back to work on full duty. The ankle gun – and his alertness, and his plan – had saved his life.

Another who read that article was an African-American security professional who worked in

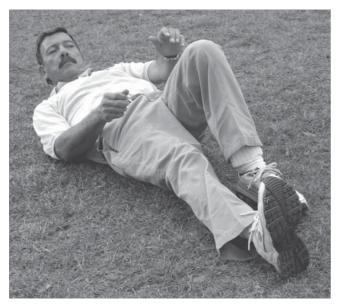
plainclothes in a large pharmacy in upstate New York. His carry gun was a Smith & Wesson Model 10 38 Special in a shoulder holster, and after reading that particular issue of *Combat Handguns* he supplemented it with a five-shot Charter Arms Undercover snub-nose 38 Special in a Bianchi ankle holster. Part of his duties included the mission euphemistically known as "loss prevention," and the day came one winter when he spotted a large Caucasian male shoplifting African-American oriented cosmetics and hair care products. Noting the "booster's" odd choice of merchandise to steal, he followed him past the checkout counters and discreetly accosted him in the foyer of the store just before he could exit.

What the security man could not have known at the time was that he was dealing with a total whack job. The suspect was a white supremacist who tended to establish relationships with women of subnormal intellect, always choosing black women as if he was acting out some sick fantasy of being a slave-master. He kept his victims at his home in a state of virtual bondage. It was later theorized that he stole things for them because he didn't think black people were worth spending money on.

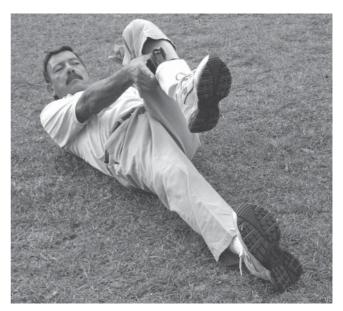
And now, a black male authority figure was about to "arrest" him. The man went nuts.

He violently attacked the security man, a slightly built fellow much smaller than himself. The fight carried out into the slushy winter street, and the powerful offender literally "ripped his arm out of the socket," causing a separation of the right shoulder that tore out the rotator cuff. His dominant arm disabled, the guard was knocked down, and in the struggle for his service revolver that followed, the Smith & Wesson went skittering out into the wet street.

The big white guy jumped up. Leaving his opponent supine and battered on the sidewalk, the supremacist ran



Ankle draw is ideally suited to supine "downed defender." Here, unimpeded by body weight, "holster leg" begins to flex upward as gun hand begins its reach...



...moving toward each other, hand and ankle meet and draw begins...



...reciprocal movement reverses at this stage of supine ankle draw, with gun hand pulling back and holster-leg pushing forward and down to separate gun and holster...



...and holster-leg pushes itself down and clear of muzzle as practitioner prepares to fire upward in self-defense. Hardware here is "baby Glock" in 40, Gould & Goodrich ankle holster.

into the street reaching for the revolver. As he bent to pick it up he screamed, "I got your gun and you're dead meat now, Nigger!"

This turns out to be a really stupid thing to say to a black man who carries a second gun.

By the time the attacker was coming up with the sixshot S&W, the good guy already had the Charter Arms out of the ankle rig and trained on him. There was nothing left to do. He shot the assailant in the head. The bullet killed him instantly, saving the life of the security professional and perhaps, the lives of five or so witnesses the nut case would have been able to murder after he had slain the security man. There was another case that I didn't come into until after the shooting. I was hired as an expert witness for the involved officer in the lawsuit that evolved from the justified homicide. The defendant was a California Highway Patrolman, who supplemented his standard Smith & Wesson service sidearm with a Smith & Wesson Model 36 Chiefs Special 38 snub in a Bianchi ankle holster. He pulled over a lone motorist for an open container violation after seeing him drive his pickup truck while sipping from a can of Coors Light. As he searched the truck subsequent to the stop, the driver sneaked his hand into the bed of the pickup and came up with a deadly, 28-ounce framing hammer.

He swung it at the officer, hitting him so hard he broke



Snub-nose revolver and ankle holster are a timeless combination. This is lightweight Colt Agent 38 Spl. in ankle rig made by DeSantis for Personal Protection Systems, tightly boned for friction fit and maximum speed with silent, surreptitious draw. All-wool felt lining drinks up sweat.

his neck. As the officer staggered back, the man hammered him again, center chest, apparently trying to rupture the heart. The officer's concealed body armor, complete with steel trauma plate, saved him from death but the force of

that blow knocked him backwards. As he felt himself losing his balance and about to pass out, he drew his duty gun and opened fire. Then everything went black.

The highway patrolman awoke flat on his back, and realized that his dropped gun was between him and the offender, who was on his hands and knees shaking his head like a mad bull. The offender glared at him with The ankle holster is not for everyone, and it is not for every situation.

a look of baleful hatred, and reached for the dropped Smith & Wesson. The state policeman realized that the bad guy could reach the gun before he could.

But fortunately, he had another.

His hand flashed to his ankle, and he came up shooting with the stubby backup gun. Five shots, five hits, and the suspect went down. This time he didn't get back up. He died in the hospital of a total of nine gunshot wounds. The highway patrolman was forced to retire as a result of his injuries. The gun in the ankle holster saved his life.

Contraindications

The ankle holster is not for everyone, and it is not for every situation. I totally agree with Nonte and Bianchi that its best role is for *backup* guns, and that it's not a good choice for carrying the primary defensive handgun. It is simply too far away from the reaching hand. It will be very difficult to reach an ankle holster while grappling with a standing man, and it's not terribly easy to draw from even while standing *still*.

Remember that article I mentioned a few paragraphs back, which convinced at least two readers to acquire the ankle holsters that wound up saving their lives? Well, another reader had what he considered a more negative experience, and wrote an angry letter to the editor that got published. I don't have it in front of me, and therefore can't quote it verbatim, but basically, it went like this:

"Ayoob and his damn ankle holsters! After I read his article I decided to start carrying my gun on my ankle. It could have got me killed!"

He continued, "There I was, walking down the street when four black guys came at me very swiftly. I tried to reach my gun. I couldn't. I bent over to get my gun and I couldn't get the pants cuff up in time! They went on past me, and..."

You caught it, huh? "They went on past me..."

You know, I don't mind folks criticizing what I write, but I wish they'd *read* it first. It would save angst on both sides.

First, I had never said that he should carry his one and

only defensive firearm strapped around his ankle, about as far from his reach as a standing man can possibly get. I suggested it for *backup*, not for primary. And I still feel the same way.

Second, though, and probably much more important in this case, his inability to draw his gun probably prevented a tragedy. Alarmed by a group of young black men moving rapidly toward him, he had presumed himself to be under attack. Instead of moving off mid-line of the perceived assault, he stood his ground to go for his gun... and then the young men rushed past him. Obviously, he had not been the target of anything except his own paranoia and, some would say, his own preconditioned racial prejudice. The circumstances being what they were, thank God he *didn't* get his gun out of his ankle holster "in time."

I know what he's talkin' about, though. Back in the '70s, I was in a large middle American metropolis on a hot summer day when a Colt Detective Special in an ankle holster seemed to be "enough." As I waited for the elevator at my hotel – a nice one, but on the edge of a rough part

of the city - I noticed two young white guys scoping me out. I made eye contact and they both looked away, which is never a good sign.

We all got on the elevator. No attack. So far, so good, because I realized I didn't have a snowball's chance in hell of getting my hand to my ankle from a standing position if these two jumped me in those close confines. As the door opened at my floor, one said a hokey "Well, see ya later" to the other.

I got off the elevator and headed toward my room, noticing out of the corner of my eye that one of them had stepped off a moment behind me and was following me. I reached

the corner of the corridor where I had to turn, and looked over my shoulder. The one behind me broke eye contact. Not good. I kept going forward, and realized he was closing the gap.

If there's anything harder to do with an ankle holster than to draw from standing with it, it's trying to draw from *running* with it. A couple of doors ahead, I saw someone else's hotel room door open, with the maid's cleaning cart just inside the doorway.

As the one behind me closed the gap, I took a quick couple of steps to the door, and then a fast side-step inside, shoving the cart between me and the open door – not much cover against gunfire, but a useful short-term obstacle against contact assault. As I did so, my right hand went immediately to my left ankle. Entering the room, I'd done a

quick visual, and saw no one there.

The man following me moved jerkily, taken aback by the sudden evasive action. He tried to charge into the bedroom after me, saw me on the other side of the cart...and also saw a blue steel Colt Detective Special. His eyes widened, and he turned toward the direction whence he had come. I saw him raise his palm and move it forward down the hall, in a gesture that said, "Go back!" Then he began running down the hall.

I pulled the cart clear and stepped to the doorway. Sure enough, the guy's accomplice who'd said "See ya later" was planning to see him – and me – sooner, because he had gotten off after all and had been moving behind the first. He was now between him and the corner. The other gestured

frantically, said something to him that I couldn't hear, but which made his eyes go wide. He turned and they both disappeared, sprinting toward the elevator.

I silently thanked the absent maid who had left the door open and the cart there. I snapped the Colt 38 back into the ankle holster and went on my way, making a mental note, "Lesson Learned: Ankle holsters for backup *ONLY* from now on!"

For some practitioners, the ankle rig is not the best choice even for backup. We geezers with arthritis find that a leg holster can "grate" on the ankle more than it did

when we were younger. Phlebitis, varicose veins, and other circulatory problems can make the constriction of the ankle holster a bad thing. Women by and large have more delicate calves and ankles (and, fashion-wise, higher pant cuffs) than men, and I've found damn few women who like ankle rigs.

Once again, we're dealing with highly individualized needs and decisions. I also know people who've been wearing ankle holsters literally for decades and are perfectly comfortable with them.

Oh, yeah...ankle-deep mud and knee-deep snow don't go well with ankle holsters. Neither do summer shorts.

Comfort Factors

If you've ever worn a pistol at the 3 o'clock position on the belt, right on the

Colt lightweight Agent 38 snub in this DeSantis holster served author as backup for many years.

What worked



STREET TIP: When wearing an ankle holster and crossing your legs, keep the foot of gun-side leg on the ground. Here, Glock 40 is not obvious...

hip-bone, you've probably noticed some chafing. The stiff leather, weighted with a steel gun full of lead bullets, is pressing against a bone that has little but skin to shield it. Well, that's going on *big* time down at the old ankle bone when wearing a leg holster.

Most who've carried them for some time concur that the holster and the leg strap should be *soft* and *wide*, and that there should be some sort of *cushion* between the holster and the skin. Unless you have legs like the Incredible Hulk or are carrying a tiny mouse gun, you also probably want a carry that puts the muzzle angled back and the grip angled



...but here, with wrong leg crossed, ankle holstered handgun becomes glaringly apparent.

forward, to minimize bulge.

That Bianchi ankle holster the New York security pro and the California Highway Patrol officer found perfectly comfortable for all-day wear just didn't work for me. John Bianchi and his design team were famous for their good quality "hard" holster leather, and they brought the concept to this ankle rig. The holster was closed at the bottom, which extended its length slightly and created a blunt edge on the bottom where the relatively heavy leather was stitched together. (The closed bottom kept snow or mud from plugging the gun barrel if the wearer

stepped into same.) The back of the rig was amply lined with soft, friendly sheepskin, the purpose being comfort. For the guard and the state policeman, and for a great many other people, it worked. It was comfortable. For them.

Not for me. I loved that finely-made holster, but I just couldn't bond with it. A calf-strap might have pulled it up high enough to make it work for me, but calf straps don't work for me either, as noted earlier. This left the hard bottom edge by the gun's muzzle digging mercilessly into my ankle bone with every step. I finally had to retire the holster, and go with something else.

Another couple of makers did open bottom ankle rigs, superbly crafted of the finest leather, and backed with so much sheepskin that it felt as if I had strapped a pillow to my ankle. Comfort factor was great. Unfortunately, the cushioning was so heavy that it also *looked* as if I had strapped a pillow to my ankle. The darn things bulged too

much for my legs. They didn't conceal well, and I finally had to give up on them, too.

What worked best for me personally was the type of ankle rig that was backed with all-wool felt. The felt lining just seems to soak up sweat without leaving the ankle damp, clammy, and chafed. My first such holster was made of synthetic leather by a nameless manufacturer in the early 1970s. It was a prototype that went out to several police equipment dealers. One was my old friend at Scientific Detection Devices, Dick Marple, who passed this sample along to me to "beta test." I loved it, and kept it. The company went out of business - out of the ankle holster business, anyway - and I kept that orphaned, nameless sample until the stitching started to give way many years later. It was great.

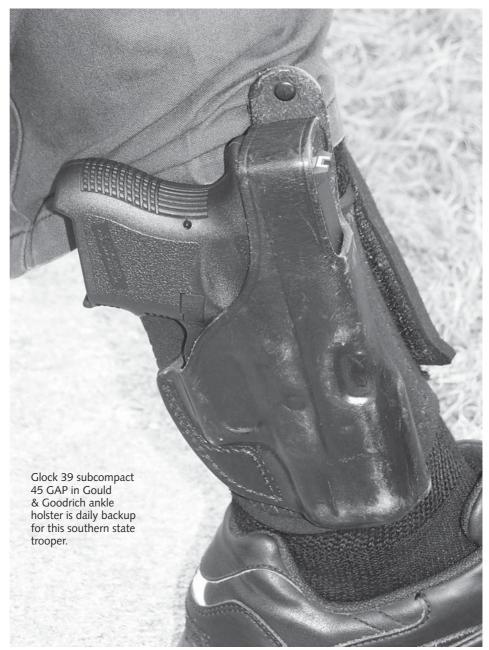
I'm partial to the Alessi ankle rig among today's crop. The Renegade holster has earned many fans: flexible, fast, silent, and very comfortable. Its only downside is that it wears out sooner than some high quality leather holsters. Being a cheap old guy, I've never trusted myself to throw away things that are starting to wear out. With clothing, that just keeps you off the "best-dressed" list. With defensive gear, it can get you killed. But if you have more self-discipline in that regard

than I, the Renegade may be the perfect ankle rig for you. Galco's Ankle Glove is another very popular holster, with a very well-deserved reputation for comfort and function. The Safariland has also won a lot of fans. I like the Gould & Goodrich ankle rig (I remove the modular calf strap) with thumb break that was developed for a Southern state police agency for their baby Glocks.

Clothing and Gun Considerations

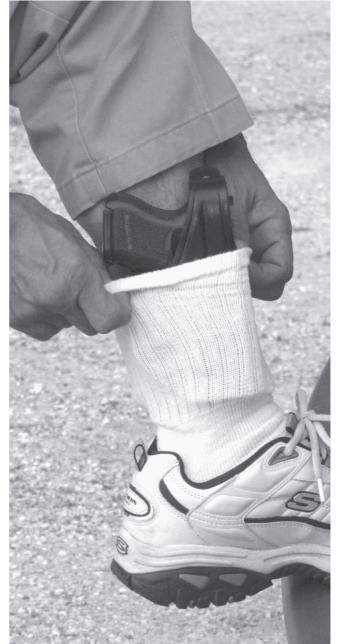
Some of the fashion contraindications to ankle rigs are obvious. They won't work with shorts. They won't work with a lady's Capri or Toreador style pants. Some other contraindications are less obvious, though.

The "barrel" of the lower pant leg needs to be relatively wide, both to conceal the ankle holster and to make it readily available when you need to draw. The straightcut leg of the pants that come with the classic American





...only then is loaded baby Glock carefully inserted in holster, with finger off trigger...



 \dots and finally, sock is pulled up over to better camouflage the hardware. Rig is by G&G, latter tip is from the late, great Chic Gaylord.

men's "sack suit" work fine with ankle holsters, as a couple of generations of lawyers and executives who wear that "uniform" can attest. So do the pants of most Class A police uniforms.

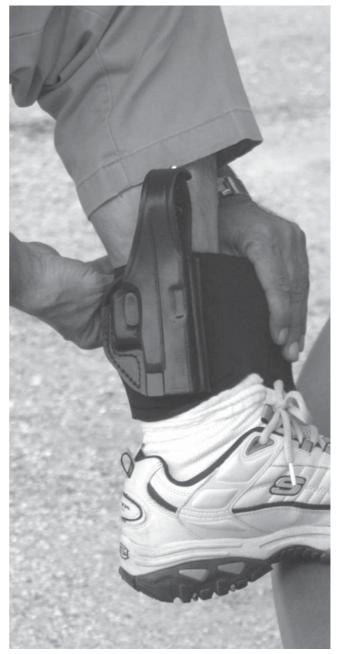
Fatigue or "combat" uniforms may or may not work. BDU (Battle Dress Uniform) pants tend to be cut with very loose legs and cuffs. Good so far. However, if the pant legs are going to be tucked and bloused into high-top combat-style boots, there will be no place for an ankle rig. If you're going to untuck the cuffs with pants like these, that's fine. You can even wear them with boots. Gould & Goodrich is one company that offers a "boot holster" that works like an ankle rig, but is designed to go around large-circumference

combat boots, and even has grommets for the boot lacings to go through. If the pant legs are wide enough, these can work great with boots. Some concealed carry practitioners have gone to the extent of sewing additional lengths of elastic and Velcro onto regular ankle holsters so they can go around a boot.

However, if you're going to do this with BDU pants, remove the string ties at the cuff! Designed to keep the pant legs in place when bloused into high top boots, the string ties serve no purpose at all when the boots are inside the pant leg. However, those loose "strings" can get caught inside the trigger guard as you are putting the pistol into the ankle rig! Your hand is likely to reflexively



Here's how to put on an ankle holster for maximum concealment. First, roll sock down (thin white cotton sock can optionally be worn underneath if wearer is allergenic)...



...now, empty holster is strapped on snugly (tip from Richie Rosenthal, NYPD retired)...

keep pushing...and it is now pushing the trigger against the obstacle. This can lead to shooting yourself in the ankle or foot by accident! If you're going to carry this way, remove the string ties from the cuffs of the pants! You're doing it for the same reason we remove the string closures from warm-up jackets and windbreakers and sweatshirts when we carry guns at belt level: they can get into the trigger guard and lead to an accidental discharge.

Going to casual wear, if you're wearing an ankle holster you want your jeans or cords to have, minimum, "boot cut" cuffs. The bell-bottoms of the '70s (now back in style in some quarters and known as "flares") are even better. This gives lots of room so the pants cuff can be brought up more

quickly and smoothly, and that extra room makes it less likely that the "handle" or any other part of the gun will snag the fabric and interrupt a fast, life-saving draw. Gun guy and knife designer Blackie Collins came out with Toters jeans, expressly designed for carrying guns. They're loose in the waist for IWB, side and hip pockets are set up expressly for pocket guns and pocket holsters...and the cuffs are loose enough to work just fine with most ankle holsters.

Loosely cut pleated pants of the style popularized by Dockers are great for concealed carry. The slightly billowed legs do a great job of hiding small handguns in pocket holsters, and the loose cuffs work extremely well with ankle rigs.



If you're going to carry in an ankle holster, practice drawing and shooting that way! Here a line of Georgia State Troopers qualify with their backup mini-Glocks, all drawn from G&G ankle rigs.

You'll occasionally see pants with legs slit up a few inches from the cuffs, held closed by zippers or Velcro. I for one don't care for them. Having to open this slit adds another fine-motor movement that greatly slows the draw, and ankle holster draw is slow enough as it is. Zippers, and particularly Velcro, make a distinctive sound when opened. This blows the surreptitious draw of the kind that saved the officer's life in the Miami area incident described above. And, as we all know, zippers can stick and "jam." I wouldn't trust either of these trouser cuff designs for ankle carry.

One gun-specific piece of clothing worthy of note in this regard is the series of BDUs by Woolrich in their Elite series, and by some other makers, which have Velcro-closed cargo pockets not only at the thighs, but low at the calves. Smokers often use them for cigarette packs. A friend of mine on the Woolrich Elite beta testing team discovered that they could also carry very comfortably, at least for him, a tiny Kel-Tec P32 pistol. This particular backup gun may only be a 32 auto, but it weighs well under ten ounces – less than the famously tiny Baby Browning 25 auto – and is wafer-thin. He finds it doesn't bump against his leg, and it carries above the ankle bone. It's on the outside of the leg, not the inside, and the user has to rip open a Velcro flap to get at it. It's not my choice, but for a very small gun, it's one more option and a legitimate variation of "ankle carry."

Let me share a couple of tricks to enhance comfort with ankle holsters. I was still a kid in public school when I read Chic Gaylord's *Handgunner's Guide* and saw his trick of pulling the outer sock up over the ankle holster. Good trick then; good trick now. When the trouser cuff comes up as you sit down, others in the restaurant or at the board meeting don't see the bottom edge of a boned and sculptured holster or, God help us, the muzzle of the gun. What they see is a bunched up, baggy sock. Might get you a warning citation from the Fashion Police, but won't draw the attention of the Gun Police.

As soon as I started packing in an ankle rig, I took advantage of Gaylord's wisdom. I discovered that depending on the type of male hosiery, the socks wear out two to four times faster than normal, or worse, depending how "fat" the package of the ankle-holstered gun may be. I learned with a handgun that had a conventional hammer spur or with adjustable sights to not let the top edge of the sock come anywhere near that point. What mid-20th century gun expert Paul B. Weston called the "Fish-Hook" effect of the hammer spur, or the sharp edge of an upraised rear sight, can catch on the top edge of the sock and snag, dangerously and perhaps even lethally stalling your draw. (Once the sock is rolled down to the proper point, I never found them to creep back up. Worn socks tend to creep down, sort of like the abdomens of guys my age.) One officer survival manual got this concept mixed up a bit, and illustrated the principle with an executive-length sock pulled entirely up over the semi-auto pistol they depicted in an ankle holster, hiding

the whole gun butt and grip frame under the sock. A classic case of "people unclear on the concept."

Some folks are allergic to wool, and might otherwise have hypersensitive skin in the ankle area that makes it unworkable for them to wear an ankle holster against bare skin. In that case "neutral" or hypoallergenic white cotton socks can be worn under the ankle holster, between the rig and the skin, and the regular sock then pulled up over the ankle-holstered pistol.

I learned another useful ankle holster trick from Richie Rosenthal, an NYPD veteran who at one time worked at that department's excellent FTU (Firearms Training Unit) and went on, if memory serves, to become a chief of police in Massachusetts. Rich made the point that to get the most perfect, secure, snug fit of holster to ankle, one should leave the ankle holster *empty* to start. Put it on and adjust it until it feels just right. *Now* insert the loaded handgun, and *voila:* you have a much more secure and stable fit of the whole gun and rig. Pulling the sock up over it for added discretion

won't change anything. Thanks, Rich.

Some handguns work a *lot* better than others in ankle holsters. In one of his movies – I think it was *Kindergarten Cop*, but I'm an old guy working on memory here – the director had Arnold Schwarzenegger carrying a full-size Beretta 92 pistol in an ankle holster. Now, there are a good many cops and a good many more soldiers and Marines who have carried that pistol in an exposed duty holster, and found it a little large for even *that* application. In an *ankle holster*, there just ain't no way, even for someone Schwarzenegger's size.

A couple of other Hollywood paradigms come to mind. In one of the *Naked Gun* police spoofs, a senior detective is seen struggling desperately like Houdini trying to escape a cocoon of ropes, trying to get his revolver out of an ankle holster. Gotta laugh. That's probably just what it feels like trying to get the wrong gun out of the wrong ankle holster hidden under the wrong kind of trousers.

On the Miami Vice TV series, shot on location in Miami,





Ankle holster works very well from kneeling, provided that holster leg is UP and it's the OTHER leg that's in knee contact with ground.

Don Johnson as lead character carried a big autoloader (10mm Bren Ten or S&W 45, depending on the season) and a Detonics Combat Master subcompact 1911 45 in a nylon ankle holster. He also wore snug jeans or tight Armani suits. How did he conceal that hardware under that garb?

Turns out he didn't. One scriptwriter for the show was one of my graduates, and so was technical advisor Bob Hoelscher, an ace veteran of the Metro-Dade police department. I wound up visiting the set with my family while the crew was filming an episode on location in Miami. We noticed that one member of the crew seemed to have the sole, specific task of holding the shoulder-holstered duty auto and the ankleholstered Detonics. Only when a scene required the gun to show or to come into action did Johnson actually strap

that gun on. Not to put too fine a point on it, he actually stood and extended his arms while the aide slipped the shoulder harness on for him, like a butler helping the master slip into his dinner jacket.

More proof that in the real world, you can't walk around concealing a large auto pistol under a tightly fitted Armani suit, or a chunky 45 auto in an ankle rig under tight, "trim-fit" jeans. "Only in Hollywood..."

Unless you're a huge person with huge, baggy pants, you'll need a compact gun for ankle work. I know some cops who've carried Glock 19, Glock 23, Glock 30, and Glock 29 pistols in ankle holsters. They're all big guys with legs like trees. Average size people will need smaller guns.

Most small pocket autos do not thrive in ankle holster carry. The ankle rig holds the gun literally only a few inches above the ground. Every step you take is kicking up dust and dirt from the sidewalk and even mud and muck from bare ground. Anyone who has carried an ankle holster for any length of time has noticed that after just a day, protectively pulledup socks notwithstanding, the gun is covered with a fine film of dust and grit. The longer that goes on, the more crap builds up on it and starts getting into it. I've seen the hammer-slots of shrouded revolvers, Colt snubbies with Colt

or Waller hammer shrouds, and the S&W Bodyguard series and the analogous Taurus model, literally filled with "dust bunnies."

The interesting thing is, double-action revolvers always seem to work, even when they're covered with dust. Small, tightly fitted "pocket pistols" of the Walther PPK type, and virtually every 25 auto I've worked with, have such tightly fitted parts that they're prone to choking on that dust and grit once the shooting starts and the slide has to cycle. I've run across cases of ankle-holstered 380s jamming that way, from Florida to California, when the chips were down.

I can count on my fingers the small autos with "mil-spec" fitting that will survive that sort of abuse and still work. The baby Glocks, the Kahrs, and the Kel-Tecs come to mind.

It's a good idea to avoid "rubber" grips on ankle-holstered handguns. Their tacky surface will tend to bind with the inner fabric of the trouser leg, slowing or even stalling the draw.



Two ankle holsters, three options. 1) use holster at top, with calf strap. 2) use same holster and lose calf strap. 3) "boot holster" at left goes *outside* patrol boot but still under trouser cuff; note grommets for boot laces. Both by G&G, shown w/baby Glocks.

Lighter is better for ankle holsters. Comfort is obviously one big reason for that statement, but a less obvious reason is security. When running, jumping, rolling on the ground or otherwise performing strenuous activity, if the ankle rig is an open top design (or if its safety strap has come undone), the heavier gun is more likely to come out of the holster "by itself." The heavier gun develops more momentum with all that bouncing. It will take proportionally more violent movement to dislodge a lighter gun. An AirLite Titanium or Scandium J-frame snub is less likely to bounce out of an unsecured ankle rig than an aluminum-framed Airweight, and the Airweight in turn will be more likely to stay in place in the same holster under the same circumstances than a still heavier, all steel version of the same revolver.

Gould & Goodrich ankle holster. Note optional, modular calf strap, and soft sheepskin lining to cushion sensitive ankle-bone.

Bottom Line

Good news is that the ankle rig can be a life-saver in terms of backup, especially if you find yourself down on your back or in a seated position when you need to draw. Bad news is it's uncomfortable, tough to reach from a standing position, and particularly demanding of certain clothing styles and of a holster style adapted to the individual wearer.

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NON-TRADITIONAL CARRY METHODS



here are certain non-traditional methods of concealed carry that are, for good or ill, in wide use. They bear discussion for that reason alone. The first point of discussion needs to be this: every single one of them is based on convenience at the expense of serious practicality.

Magnum, with
Magna-Port
recoil reduction
treatment.
Note Barami
Hip-Grip,
which serves
revolver inside
waistband
without a
holster.

One of these is so-called "Mexican carry," the gun simply shoved into the waistband without benefit of holster. The term is not pejorative. It arose long ago among gun people, in *homage* to proud Mexican men of the 19th and early 20th centuries. Beset by tyrants who stripped them of liberties,

Guardian Leather Portfolio looks like a lawyer's briefcase, but contains a hidden bullet-resistant panel...

including the right to carry guns if they were not part of the political elite, these defiant citizens chose to carry as an expression of "willful civil disobedience." They needed to be able to ditch the gun to be retrieved later if they were about to have contact with *Federales*, and since a holster could not be so quickly ditched and would be *prima facie* evidence of resistance to tyrants' law, the holster was dispensed with.

This turns out to work reasonably well with a flat-sided automatic, like the 1911 38 Super that was so popular in Mexico, the 45-caliber version having been banned as

a "government-only caliber." However, the gun can come loose with strenuous activity, and can slip out when lying down for a siesta. There is no retention against a snatch, of course. It also tends to get gun oil all over the clothing.

"Improved Mexican carry," as it were, would be an attachment on the gun that keeps it from at least slipping down the pants leg. The Barami Hip Grip for revolvers and the Brown & Pharr belt clip for the 1911 serve this purpose. They'll keep the gun from sliding *down*, but won't necessarily keep it from sliding up and out. The protruding edge of a Crimson Trace LaserGrip on an auto pistol will have this same effect to some degree.

Personally, I would "go Mex" *only* for very short periods. Getting up to answer the door at 3 AM if I didn't have a holster. Putting the gun away





Off-Body Carry

style with empty chamber.

The purse, the "man-purse," the briefcase and the short-lived "dayplanner portfolio that hides a gun" were all designed for convenience. A slowed access to the weapon was traded for greater physical comfort and wardrobe flexibility, in return for having a gun around us *somewhere*. In most situations, if safety and confidence and peace of mind are the goals, this is not a fair trade.

keep the grip safety from being pressed during "holsterless

holstering." Otherwise, I would stay with an auto whose

manual safety was engaged, or which had a long and heavy

double-action trigger pull design, or a pistol carried Israeli-

Purses get *snatched*. Briefcases get *stolen*. Neither is always within reach when we need what they contain. And how many times have we had to go back and get a purse or attaché case we left behind in another's home or office, or some public place? One time while in South Africa, I saw a man sentenced to prison for criminal negligence because he had left his gun purse in a restaurant, and it had been

stolen by the time he noticed it missing and went back for it. In Florida, where Unified Sportsmen of Florida have rigidly kept track of all offenses involving concealed carry permit holders, the miniscule number of arrests seem to mostly involve people who forgot the gun was in their attaché case or purse when they went through a metal detector into a secured area such as airport or courthouse. When the gun is not on us to remind us of its presence, it is all too easy to forget that it is there. This can lead to huge and devastating consequences.

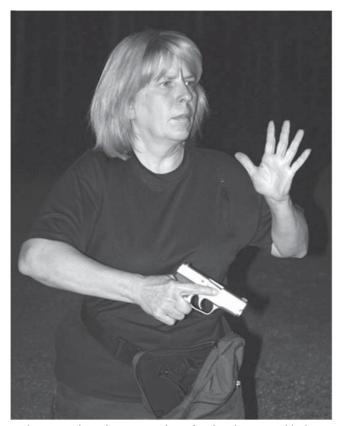
If you accept the trade-offs and still want this stuff, the best "gun purses" I've personally seen are the ones from Coronado and Galco. The best carry case I've seen is the Guardian Leather Portfolio, which resembles a fine lawyer's briefcase with shoulder strap, but carries a bullet-resistant panel and hidden quick-access gun pouch. It's no trick to learn to draw the handgun to a one-hand stance as the free hand sweeps the ballistic-reinforced Portfolio up against the front of your torso. Blackhawk recently introduced a similar model in plain black nylon, though you may have to find your own ballistic insert for it. I've found them useful for court...just remember to take the gun out before you hit the security checkpoint!



Gail Pepin, 2-time Florida/Georgia regional IDPA woman champion, demonstrates fanny pack draw with Safe Direction product...



...support hand grasps drawstring release, and gun-hand-side hip comes back to angle weapon toward threat, as right hand...



 \dots brings up the Kahr 40 cross-draw, free hand rises into blocking position and out of way of gun muzzle \dots



...and comes up in classic Weaver stance, a natural posture for any type of cross draw.



Author feels its safe enough to carry XD45 "Mexican style," so long as grip safety is not depressed. He still does not recommend the practice, however.



Kimber Classic 45 in "classic" Mexican carry behind strong side hip. Note that it is cocked and *locked!*

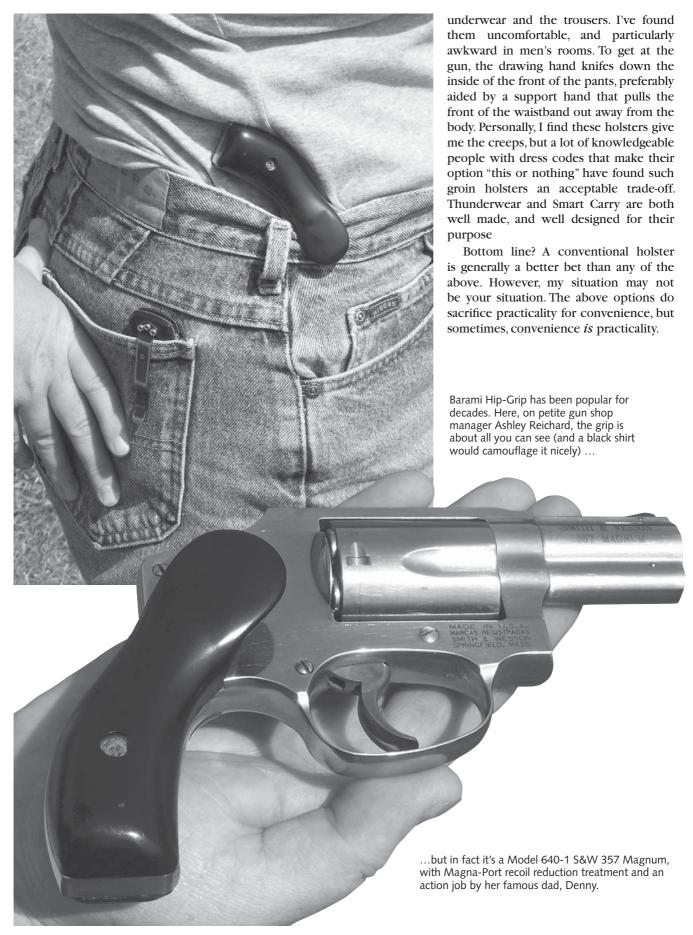
Fanny Packs

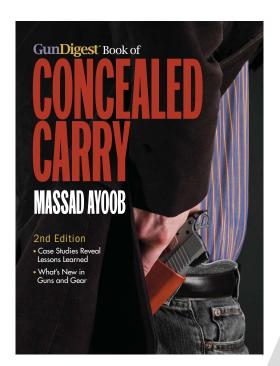
Ever since Gene DeSantis created the first firearms-specific fanny pack, the Gunny Sack, these things have been hugely popular. They can be carried off-body with the strap slung over the shoulder, but have the added advantage of securing on the body in their normal intended fashion. Gun folks like to sew Nike or Nikon labels to the front, and order them in bright pastel colors, to distract from any "gun" image. (Interestingly, joggers always ask pistol packers where to buy cool black nylon fanny packs like ours, that won't show the dirt. The grass is always greener...) The fanny pack can be easily unbuckled and left in the car when going into the post office, hospital, or other "gun-free zone."

Downsides? Thieves assume fanny packs contain wallets, so they're prime targets for theft when off your body, and even for snatching when strapped on. As with purses, having your gun in the thing the assailant is likely to grab first is not a good start to the fight. Moreover, they're slow to draw from, needing one hand to rip the thing open while the other goes for the gun, and achingly slow if that free hand is tied up warding off a knife-wielding opponent. Still, they're better than no gun at all. Practice, practice, practice. Centerline of the body is the best place to carry, I've found, and regular cross draw techniques are the way to draw to a fighting stance from the fanny pack. DeSantis has been making these longer than anyone else, and it shows: I've seen none better. However, I've become partial to the well-made Safe Direction from Steve Camp. Its back panel is bullet-resistant Kevlar, giving the lower abdomen some protection in a fight. More to the point, though, the whole Safe Direction line is designed to give you something to point at (the proverbial "safe direction") when routinely loading, unloading, and dry-firing handguns. Just make sure it's not strapped on your body during these proceedings.

Groin Holsters

Hiding below the belt and above the pubes under your pants, rigs like Thunderwear and Smart Carry resemble thin fanny packs worn between the





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